

Regional/District TRACK MEETS
Order of Events
STARTING TIME 9:00 a.m. FOR ALL EVENTS

#	Event	Age Group	#	Event	Age Group
1	2000m F	Senior Boys			
2	2000m F	Senior Girls			
3	1200m F	Bantam Boys			
4	1200m F	Bantam Girls			
5	1200m F	Atom Boys			
6	1200m F	Atom Girls			
7	100m H	Senior Boys			
8	100m H	Senior Girls			
9	100m H	Bantam Boys			
10	100m H	Bantam Girls			
11	100m H	Atom Boys			
12	100m H	Atom Girls			
13	400m TF	Senior Boys			
14	400m TF	Senior Girls			
15	400m TF	Bantam Boys			
16	400m TF	Bantam Girls			
17	400m TF	Atom Boys			
18	400m TF	Atom Girls			
LUNCH BREAK					
19	200m H	Senior Boys	31	1200m F	Senior Boys
20	200m H	Senior Girls	32	1200m F	Senior Girls
21	200m H	Bantam Boys		100m F	Senior Boys
22	200m H	Bantam Girls		100m F	Senior Girls
23	200m H	Atom Boys		100m F	Bantam Boys
24	200m H	Atom Girls		100m F	Bantam Girls
25	800m TF	Senior Boys		100m F	Atom Boys
26	800m TF	Senior Girls		100m F	Atom Girls
27	800m TF	Bantam Boys	33	4 x 100m TF	Senior Boys
28	800m TF	Bantam Girls	34	4 x 100m TF	Senior Girls
29	800m TF	Atom Boys	35	4 x 100m TF	Bantam Boys
30	800m TF	Atom Girls	36	4 x 100m TF	Bantam Girls
	200m F	Senior Boys	37	4 x 100m TF	Atom Boys
	200m F	Senior Girls	38	4 x 100m TF	Atom Girls
	200m F	Bantam Boys			
	200m F	Bantam Girls			
	200m F	Atom Boys			
	200m F	Atom Girls			

FIELD EVENTS - Round One begins at 9:00 a.m.

ROUND	HIGH JUMP	LONG JUMP		TRIPLE JUMP		SHOT
	PIT 1	PIT 1	PIT 2	PIT 1	PIT 2	
1	AB #44 ----- SB #40	BB #48	BG #49	SG #53	AG #57	SB #58
2	AG #45 ----- SG #41	SB #46	AB #50	BB #54	BG #55	SG #59
3	BG #43 ----- BB #42	SG #47	AG #51	SB #52	AB #56	

Starting Heights High Jump: Please ensure that your athletes can clear the starting heights

Atom Girls/Boys- **0.95m**, will increase by 5 cm to 1.25m then use discretion

Bantam Girls/Boys-**1.05m**, will increase by 5 cm to 1.30m then use discretion

Senior Girls- **1.25m**, will increase by 5 cm to 1.30m then use discretion

Senior Boys- **1.30m**, will increase by 5cm to 1.4m then use discretion

Medal presentation will take place at the end of the meet.

Ribbons cannot be handed out until after the results have been announced - no ribbons are awarded for heats.