

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****Girls High Jump Atom**

Name	Year School	Seed	Finals	Points
Finals				
1 Emerson Southall	Rideau		1.15m	7
2 Ruby Woodland	Rideau		1.10m	5
3 Harper Evans	Sydenham		J1.10m	3
4 Elle McClement	Winston Churchill		1.05m	1
5 Katherine Alkins	Rideau		J1.05m	
6 Anna Cianci	Rideau		1.00m	
7 Scarlett Lee	Winston Churchill		0.95m	
-- Olive Mccue	Centennial		NH	
-- Charlotte Koebel	Winston Churchill		NH	
-- Morgan Laurie	Centennial		NH	
-- Pia Padmos	Winston Churchill		NH	

Girls Long Jump Atom

Name	Year School	Seed	Finals	Points
1 Erin Gauthier	Rideau		3.33m	7
2 Kateryna Borusk	Winston Churchill		3.32m	5
3 Athena Landry	Lord Strathcona		3.15m	3
4 Everley Doucette	Rideau		3.07m	1
5 Charlotte Coady	J.R. Henderson		2.86m	
6 Jazmine Harrison	J.R. Henderson		2.82m	
7 Ivy Scott	J.R. Henderson		2.79m	
8 Estelle Oleschuk	Polson Park		2.72m	
9 Leticia Martinez-Alvarad	Winston Churchill		2.51m	
10 Emerson Southall	Rideau		2.49m	
11 Nicole Lavu	Lord Strathcona		2.48m	
12 Isla Mae Healey	Polson Park		2.46m	
13 Carmen Trimmer-Segura	Central		2.42m	
14 Zoe Gallupe	Winston Churchill		2.41m	
15 Ava Galbraith	Polson Park		2.40m	
16 Sydney Southall	Polson Park		2.38m	
17 Violeta Oporto	Centennial		2.35m	
18 Zainab Alhammad	Sydenham		2.33m	
19 Sari Bona	Rideau		2.32m	
20 Harper Evans	Sydenham		2.31m	
21 Journie Brown	Lord Strathcona		2.30m	
22 Kira Yaroslavska	Central		2.13m	
23 Cassidy Wilson	Central		2.12m	
24 Arina Kudina	Lord Strathcona		2.09m	
25 Selina Wang	Sydenham		2.06m	
26 Isabelle Bruce	J.R. Henderson		2.03m	
27 Ella Gallagher	Centennial		1.94m	
28 Quinn Roach	Central		1.84m	
29 Clara Hull	Winston Churchill		1.83m	
29 Logan Laurie	Centennial		1.83m	
31 Laila Al Hussein	Centennial		1.81m	

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****Girls Triple Jump Atom**

Name	Year School	Seed	Finals	Points
1 Grace Clarke	J.R. Henderson		7.75m	7
2 Elle Mcclement	Winston Churchill		7.14m	5
3 Twisha Appireddy	Rideau		7.05m	3
4 Charlotte Coady	J.R. Henderson		6.74m	1
5 Leah Rondeau	Rideau		6.43m	
6 Annie Kyte	Polson Park		6.39m	
7 Nora Brundson	Rideau		6.27m	
8 Ivy Scott	J.R. Henderson		J6.27m	
9 Pia Padmos	Winston Churchill		6.04m	
10 Sydney Southall	Polson Park		6.03m	
11 Grace Burleigh	Winston Churchill		5.94m	
12 Elliott Kirby	J.R. Henderson		5.78m	
13 Iris Neil	Rideau		5.64m	
14 Cassidy Wilson	Central		5.58m	
15 Charlee Mckinlay	Polson Park		5.47m	
16 Scarlett Lee	Winston Churchill		5.43m	
17 Kira Yaroslavska	Central		5.34m	
18 Lucy Richmond	Central		5.33m	
19 Morgan Laurie	Centennial		5.21m	
20 Ava Galbraith	Polson Park		5.15m	
21 Arina Kudina	Lord Strathcona		4.71m	
22 Abby Pike	Centennial		4.64m	
23 Esther Downey	Centennial		4.44m	
24 Journie Brown	Lord Strathcona		4.40m	
25 Athena Landry	Lord Strathcona		4.11m	
26 Olive Mccue	Centennial		4.01m	
-- Quinn Roach	Central		FOUL	
-- Diba Ziaei Moghadam	Lord Strathcona		FOUL	

Girls High Jump Bantam

Name	Year School	Seed	Finals	Points
1 Elleanor Guilbeault	Rideau		1.25m	7
2 Alice Ludusan	Winston Churchill		1.15m	5
3 Maeve Spence	Winston Churchill		1.10m	3
4 Eloise Bergeron	Central		J1.10m	1
5 Kennedy La Fleur	Sydenham		J1.10m	
5 Millie Runions	Rideau		J1.10m	
7 Cecile Macduffie	Winston Churchill		1.05m	
-- Keira Mcphedran	Winston Churchill		NH	
-- Scarlett Wilkinson	Centennial		NH	
-- Sadie Gowdy	Centennial		NH	
-- Zsofia Hahn	Rideau		NH	

Girls Long Jump Bantam

Name	Year School	Seed	Finals	Points
1 Maeve Spence	Winston Churchill		3.40m	7
2 Kahtia Keyes	J.R. Henderson		3.38m	5
3 Eva Furter	Polson Park		3.35m	3
4 Maya Baker-Norris	Winston Churchill		3.21m	1

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****....Girls Long Jump Bantam**

5	Sophia Leahy	J.R. Henderson	3.19m
6	Nevaeh Morrison	Polson Park	3.18m
7	June Wonnacott	Rideau	3.14m
8	Emmy Ireland	Rideau	3.12m
9	Rosie Schukei	Central	3.10m
10	Claire Dobeich	Rideau	3.07m
11	Norah Smith	J.R. Henderson	3.04m
12	Keira Mcphedran	Winston Churchill	3.01m
13	Alice Ludusan	Winston Churchill	2.99m
14	Eloise Bergeron	Central	2.98m
15	Dylynn Collier	J.R. Henderson	2.91m
16	Emily Gowdy	Centennial	2.83m
17	Meme Al Sahou	Lord Strathcona	2.81m
17	Aubree Currie	Lord Strathcona	2.81m
19	Nora Cianci	Rideau	2.78m
20	Abi Cadiz	Lord Strathcona	2.76m
21	Jamie Ramos	Centennial	2.63m
22	Alice Jin	Polson Park	2.57m
23	Sadie Blackett	Polson Park	2.53m
24	Samriddhi Chowdhury	Central	2.50m
25	Elsie-Mae Walker	Sydenham	2.48m
26	Melika Alizadeh	Lord Strathcona	2.38m
27	Tanin Tabassi	Sydenham	2.24m
28	Amaya Oporto	Centennial	2.13m
29	Malak Al Hussein	Centennial	2.04m
30	Fatimah Masud	Sydenham	1.62m

Girls Triple Jump Bantam

Name	Year School	Seed	Finals	Points
1	Jillian Foster	J.R. Henderson	8.42m	7
2	June Whelan	Polson Park	7.98m	5
3	Norah Smith	J.R. Henderson	7.44m	3
4	Avery Miller	Polson Park	7.40m	1
5	Kennedy Hoobin	J.R. Henderson	7.36m	
6	Claire Dobeich	Rideau	6.97m	
7	Mikkayla Oomen	Rideau	6.93m	
8	Gwen Holmberg	J.R. Henderson	6.80m	
9	Anni Padmos	Winston Churchill	6.75m	
10	Eloise Bergeron	Central	6.65m	
11	Ellie Armstrong	Winston Churchill	6.61m	
12	Yara Hamdan	Lord Strathcona	6.58m	
13	Isla Adams	Polson Park	6.50m	
14	Piper Mckinlay	Polson Park	6.47m	
15	Violet Chang	Rideau	6.40m	
16	Lizzy Koloseike	Rideau	6.18m	
17	Penny Kane	Lord Strathcona	6.17m	
18	Jay Merritt	Lord Strathcona	6.02m	
19	Amaya Oporto	Centennial	5.95m	
20	Rafaela Duarte	Winston Churchill	5.82m	
21	Elsie-Mae Walker	Sydenham	5.77m	
22	Ashley Henderson	Winston Churchill	5.73m	
23	Melika Alizadeh	Lord Strathcona	5.13m	
24	Scarlett Wilkinson	Centennial	4.75m	

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****....Girls Triple Jump Bantam**

-- Sadie Gowdy Centennial FOUL

Girls High Jump Senior

Name	Year	School	Seed	Finals	Points
1 Emily Wimmer		Vanier		1.35m	7
2 Natalie Fogels		Vanier		J1.35m	5
3 Lucy Eastabrook		Vanier		1.30m	3
4 Leni Stos		Vanier		J1.30m	1
5 Lucy Kyte		Vanier		J1.30m	
5 Anastasza Windover		Sydenham		J1.30m	
6 Bela Olesova-Thompson		Vanier		J1.25m	

Girls Long Jump Senior

Name	Year	School	Seed	Finals	Points
1 Grace Joannette		Vanier		4.23m	7
2 Bela Olesova-Thompson		Vanier		4.13m	5
3 Anna Collier		Vanier		3.94m	3
4 Sarah Playter-Tufts		Vanier		3.79m	1
5 Iris Whelan		Vanier		3.64m	
6 Emma Gow		Calvin Park		3.62m	
7 Molly Quehl		Vanier		3.43m	
8 Willow Hendershott		Calvin Park		3.40m	
9 Meredith Bailey		Calvin Park		3.27m	
10 Kaylee Jackson		J.R. Henderson		3.24m	
11 Quinn Freeman		Calvin Park		3.10m	
12 Stella Splinter		J.R. Henderson		2.91m	
13 Layan Moustafa		Calvin Park		2.86m	
14 Taylor Burchat		J.R. Henderson		2.82m	

Girls Triple Jump Senior

Name	Year	School	Seed	Finals	Points
1 Julia Pennell		Vanier		9.41m	7
2 Grace Joannette		Vanier		9.37m	5
3 Anna Collier		Vanier		8.75m	3
4 Sophia Liu		Vanier		8.65m	1
5 Julia Wang		Calvin Park		8.42m	
6 Scarlett George		Vanier		7.92m	
7 Lucy Kyte		Vanier		7.79m	
8 Lexi Doolittle		Calvin Park		7.56m	
9 Elise Lewis		Calvin Park		7.44m	
10 Layan Moustafa		Calvin Park		7.38m	
10 Quinn Freeman		Calvin Park		7.38m	
12 Meredith Bailey		Calvin Park		7.34m	
13 Taylor Burchat		J.R. Henderson		6.82m	
14 Laura Provost		J.R. Henderson		5.23m	

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****Girls Shot Put Senior**

Name	Year School	Seed	Finals	Points
1 Sophia Mohammed	Sydenham		7.71m	7
2 Lexi Doolittle	Calvin Park		7.54m	5
3 Nour Ghassel	Vanier		7.24m	3
4 Elise Lewis	Calvin Park		7.16m	1
5 Jordyn Corbet	Calvin Park		7.05m	
6 Libby Platt	Vanier		6.69m	
7 Hannah Fournier	J.R. Henderson		6.68m	
8 Quinn Wellwood	Calvin Park		6.22m	
9 Emma McDonald	Vanier		6.21m	
10 Leia Devlin	Vanier		5.94m	
11 Aubrey Mackulin	Vanier		5.92m	
12 Chloe Rosa	Sydenham		5.84m	
13 Laura Provost	J.R. Henderson		5.81m	
14 Jaime Belfer	Vanier		5.77m	
15 Ava Tavares	J.R. Henderson		5.64m	
16 Lilith Burns-Murphy	Sydenham		5.48m	
17 Makynzi Doney	J.R. Henderson		5.42m	
18 Nycck Weiser	Central		5.36m	
19 Audrey Grant	Calvin Park		4.91m	

Boys High Jump Atom

Name	Year School	Seed	Finals	Points
1 Ayomi Babalola	Centennial		1.15m	7
2 George Southall	Rideau		1.05m	5
3 George Hamilton	Rideau		J1.05m	3
4 Myles Coad	Winston Churchill		1.00m	1
5 Kash Green	Centennial		J1.00m	
6 Remi Shepherd	Rideau		0.95m	
-- Ryan Kingston	Winston Churchill		NH	
-- Roland Delaney	Winston Churchill		NH	
-- Jonathan Novak	Centennial		NH	
-- Henrik Cook	Winston Churchill		FAIL	

Boys Long Jump Atom

Name	Year School	Seed	Finals	Points
1 Ajay Dhillon	Winston Churchill		3.45m	7
2 Dawson Eagles	J.R. Henderson		3.42m	5
3 Noah Reed	Rideau		3.30m	3
4 Henry Gregory	J.R. Henderson		3.19m	1
5 Noah Rotenburg	Winston Churchill		3.17m	
6 Lawson Stewart	J.R. Henderson		3.13m	
7 Davis Feeley	Rideau		J3.13m	
8 Oden Rising	Polson Park		3.11m	
9 Finnley Gall	J.R. Henderson		2.85m	
10 Daon Kim	Polson Park		2.81m	
11 Zephyr Thompson	Central		2.80m	
12 Mark Varyvoda	Centennial		2.69m	
13 Isaac Beyea	Winston Churchill		2.65m	
14 Forrest Hillborn	Central		2.62m	

LESAA REGION 3 - 2025-05-27

CaraCo

Results - Field

....Boys Long Jump Atom

15	Arash Amari	Rideau	2.59m
16	Nico Perosin	Polson Park	2.56m
16	George Southall	Rideau	2.56m
18	Aashan Singh-Wilson	Polson Park	2.51m
19	Mohamad Abou Tabshe	Lord Strathcona	2.32m
20	George Watering	Central	2.22m
21	Levon Fry	Central	2.16m
22	Mac-Anthony Dzimah	Winston Churchill	2.13m
23	Omar Aldarawacha	Lord Strathcona	2.02m
24	Oliver Day	Centennial	1.99m
25	Jonathan Novak	Centennial	1.79m
26	Simon Macdonald	Centennial	1.56m
--	Neal Yang	Sydenham	FOUL

Boys Triple Jump Atom

Name	Year	School	Seed	Finals	Points
1 Dawson Eagles		J.R. Henderson		7.43m	7
2 Sammy Gooch		Rideau		6.91m	5
3 Ajay Dhillon		Winston Churchill		6.89m	3
4 Cooper Adams		Polson Park		6.68m	1
5 Ellis Simpson		J.R. Henderson		6.47m	
6 Daon Kim		Polson Park		6.43m	
7 Everett Griffin		Rideau		6.34m	
8 Douglas Lussier-Purdy		Rideau		6.21m	
9 Orin Ireland		Rideau		6.04m	
10 Will Brower		Winston Churchill		5.99m	
11 Evan Seymour		J.R. Henderson		5.71m	
12 Oscar Bird		Polson Park		5.64m	
13 Wally King		Winston Churchill		5.58m	
14 George Watering		Central		5.55m	
15 Robert King		Winston Churchill		5.39m	
16 Asher Wickel		Central		5.02m	
17 Demilade Adeniji		Centennial		4.99m	
18 Grayson Desjardins		Centennial		4.94m	
19 Riley Nevay		J.R. Henderson		4.89m	
20 Omar Aldarawacha		Lord Strathcona		4.73m	
21 Mohamad Abou Tabshe		Lord Strathcona		4.37m	
22 Ozias Ramsahoye		Polson Park		3.94m	
-- Forrest Hillborn		Central		FOUL	
-- Neal Yang		Sydenham		FOUL	

Boys High Jump Bantam

Name	Year	School	Seed	Finals	Points
1 Will Ryding		Centennial		1.30m	7
2 Desmond Kerr		Winston Churchill		J1.30m	5
3 Heath Fielding		Rideau		1.20m	3
4 Sebbby Kolosov		Winston Churchill		J1.20m	1
5 Jackson Lee		Winston Churchill		J1.20m	
6 Emmett Washburn		Sydenham		1.15m	
6 Carter Evans		Sydenham		1.15m	
7 Britton Hull		Winston Churchill		J1.15m	

LESAA REGION 3 - 2025-05-27

CaraCo

Results - Field

....Boys High Jump Bantam

8	James Fecica	Rideau	J1.10m
8	Nate Tilley	Centennial	J1.10m
9	Nhlanie Johnson-Clow	Sydenham	J1.05m
10	Evander Girard	Centennial	J1.05m
--	Aidan Tran	Rideau	NH
--	Kale Svensson	Rideau	NH

Boys Long Jump Bantam

Name	Year	School	Seed	Finals	Points
1	Hubert Dumont	Winston Churchill		4.07m	7
2	Quinn Simpson	J.R. Henderson		3.83m	5
3	Theon Heliopoulos	Winston Churchill		3.71m	3
4	Reid Mcclement	Winston Churchill		3.50m	1
5	Nicholas Schneider	Polson Park		J3.50m	
6	Hunter Atkinson	Rideau		3.47m	
7	David Dempster	J.R. Henderson		3.31m	
8	Lucas Runions	Polson Park		3.24m	
9	Cormac Maclean	Rideau		3.19m	
10	Jack Shepherd	Rideau		3.16m	
11	Jackson Shepherd	Rideau		3.09m	
12	Brady Cook	J.R. Henderson		3.08m	
12	Daniel Korcok-Sogbein	J.R. Henderson		3.08m	
14	Linus Atwood	Lord Strathcona		3.07m	
15	Parker Vinkle	Lord Strathcona		3.06m	
16	Ryan Lo	Winston Churchill		3.05m	
17	Louis Bird	Polson Park		3.02m	
18	Teagen Whyman	Central		2.99m	
19	Nate Tilley	Centennial		2.97m	
20	Carter Evans	Sydenham		2.87m	
21	Tama Thompson	Central		2.84m	
22	Emran Kerlog	Centennial		2.80m	
23	Tazim Chowdhury	Polson Park		2.78m	
24	Elliot Miller-Blaik	Central		2.77m	
25	Arlo Thompson	Central		2.67m	
26	Scott Lloyd	Lord Strathcona		2.59m	
27	Evander Girard	Centennial		2.33m	
28	Eh Doh Soe Taw	Centennial		2.19m	

Boys Triple Jump Bantam

Name	Year	School	Seed	Finals	Points
1	Hubert Dumont	Winston Churchill		8.96m	7
2	Reid Mcclement	Winston Churchill		8.61m	5
3	Theon Heliopoulos	Winston Churchill		8.29m	3
4	Theo James	Polson Park		8.15m	1
5	Jensen Campbell	Rideau		8.01m	
6	James Mills	Polson Park		7.98m	
7	Max Gallupe	Winston Churchill		7.94m	
8	Carter Anderson	Polson Park		7.91m	
9	Max Schmidt-Stutzman	Rideau		7.51m	
10	Tazim Chowdhury	Polson Park		7.33m	
11	Tommy Mccarey	J.R. Henderson		7.12m	

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****....Boys Triple Jump Bantam**

12	Carter Evans	Sydenham	6.84m
13	Nathanael Young	J.R. Henderson	6.71m
14	Ronan Hendry	Rideau	6.69m
15	Tyler Venditti	Centennial	6.59m
16	Emran Kerlog	Centennial	6.51m
17	Arlo Thompson	Central	6.37m
18	Bradley Levy	Sydenham	6.36m
19	Teo Gilic	Sydenham	6.31m
20	Parker Vinkle	Lord Strathcona	6.24m
21	Jose Brito	Centennial	6.23m
22	Ben Unsworth	J.R. Henderson	6.12m
23	Sanauallah Wantandost	Central	6.02m
24	Evan Mulville	J.R. Henderson	5.89m
25	Ahmad Al Rshead	Centennial	5.65m
26	Saul Praamsma	Rideau	5.50m
27	Scott Lloyd	Lord Strathcona	5.20m
--	Avaneesh Anu Rajesh	Lord Strathcona	FOUL

Boys High Jump Senior

Name	Year	School	Seed	Finals	Points
1	Levi Paterson	Calvin Park		1.60m	7
2	Rowan Wilson	Vanier		1.50m	5
3	Graham Hendry	Vanier		1.45m	3
4	Malik Mambone	Vanier		1.35m	1
5	Abel Sibin	Vanier		J1.35m	
6	Andy Washburn	Sydenham		1.30m	
6	Eli Sothmann	Vanier		1.30m	
7	Callum Steele	Vanier		J1.25m	

Boys Long Jump Senior

Name	Year	School	Seed	Finals	Points
1	Ashton Morrow	Vanier		4.59m	7
2	Ishan Das	Calvin Park		4.53m	5
3	Ryan Anderson	Vanier		4.33m	3
4	Kyle Smith	Calvin Park		4.20m	1
5	Param Prasad	Calvin Park		4.11m	
6	Grey Malinowski	Central		4.05m	
7	Brekin Wickett-Woods	Central		4.00m	
8	Daniel Wrightly	Vanier		3.96m	
9	Hudson Murray	Calvin Park		3.77m	
10	Carter Wrightly	Vanier		3.67m	
11	William Plante-Pelletier	Calvin Park		3.66m	
12	Judah Splinter	Calvin Park		3.64m	
13	Reuben Martin	J.R. Henderson		3.63m	
14	William Leahy	J.R. Henderson		3.61m	
15	George Bergeron	Central		3.45m	
16	Oliver Graham	Vanier		3.43m	
17	Grant Kelly	Sydenham		3.18m	
18	Abel Sibin	Vanier		2.88m	
19	Oliver Macdonald	J.R. Henderson		2.44m	
20	Quinten Dee	J.R. Henderson		2.10m	

LESAA REGION 3 - 2025-05-27**CaraCo****Results - Field****Boys Triple Jump Senior**

Name	Year School	Seed	Finals	Points
1 Levi Paterson	Calvin Park		10.80m	7
2 Ishan Das	Calvin Park		10.51m	5
3 Ashton Morrow	Vanier		9.60m	3
4 Grey Malinowski	Central		9.48m	1
5 Emmanuel Eshun	J.R. Henderson		9.39m	
6 Quinn Mccaugherty	Calvin Park		8.96m	
7 Param Prasad	Calvin Park		8.64m	
8 Nathan Epstein	Calvin Park		8.53m	
9 Brayden Vanderhorst	Calvin Park		8.46m	
10 Eli Sothmann	Vanier		8.36m	
11 Brekin Wickett-Woods	Central		8.08m	
12 Oliver Neil	Vanier		7.75m	
13 Oliver Graham	Vanier		7.74m	
14 Larry Lu	Vanier		7.23m	
15 Reegan Graham	Vanier		6.87m	
16 Nate Dowker	J.R. Henderson		6.48m	
17 Quinten Dee	J.R. Henderson		5.20m	
-- Charlie Mcvety	Central		FOUL	
-- Jack Schmidt	J.R. Henderson		FOUL	

Boys Shot Put Senior

Name	Year School	Seed	Finals	Points
1 Rowan Wilson	Vanier		10.83m	7
2 Zach Griffin	Vanier		9.90m	5
3 Ryan Anderson	Vanier		9.40m	3
4 Farzad Rezaie	Calvin Park		9.33m	1
5 Reuben Martin	J.R. Henderson		9.25m	
6 Koen Walmsely	Calvin Park		9.15m	
7 Jasper Miller-Blaik	Central		8.77m	
8 Matteo Ventura	Calvin Park		8.64m	
9 Blaise Pharoah	Calvin Park		8.42m	
10 Russell Koopman	Vanier		8.17m	
11 William Plante-Pelletier	Calvin Park		8.00m	
12 Max Wood	Calvin Park		7.84m	
13 Zeyad Hamdan	Calvin Park		7.82m	
14 Curtis Manga	Vanier		7.75m	
15 Ruben Collins	Vanier		7.46m	
16 Johnny Kougias	J.R. Henderson		7.07m	
17 Caine Jackson	J.R. Henderson		6.86m	
18 Jasraj Singh	Sydenham		6.53m	
19 Hayden Naish	Central		6.26m	
20 Grant Kelly	Sydenham		6.23m	
21 Charlie Pettingill	J.R. Henderson		6.18m	
22 David Ames	Sydenham		4.12m	