

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Girls 100 Meter Dash Atom			
LESAA:		15.92 * 2013	
		Cole Henniger	
Name		School	Prelims
Preliminaries			
1	Zoe Thompson	Maple	16.03Q
2	Addy Grundy	Storrington	16.29Q
3	Ava Kellar	Joyceville	16.50Q
4	Ollie Wilson	Storrington	17.64Q
5	Abigail Rhymer	Welborne	17.79Q
6	Nora Poole	Welborne	16.30q
7	Kayleigh Quilty	Maple	16.33q
8	Charlotte Tofflemire	Maple	16.97q
9	Audrey Munro	Storrington	17.58
10	Scarlett Mccauley	Welborne	17.63
11	Adelyn Gellert	Glenburnie	17.67
12	Gwyneth Kisamo	Molly Brant	17.69
13	Ella Josselyn	Maple	17.90
14	Chloe Yule	Simcoe	17.98
15	Marren Salmon	Joyceville	18.20
16	Addison Brooke	Joyceville	18.32
17	Everly Kenny	Joyceville	18.33
18	Adah Chanu	Maple	18.40
19	Grace O'Leary	Maple	18.42
20	Nora Mcilquham	Glenburnie	18.59
21	Elle Hofer-Mcqueen	Maple	18.71
22	Sofia Gutierrez Celi	Molly Brant	18.72
23	Leah Villeneuve	Simcoe	18.72
24	Piper Nourry	Storrington	18.83
25	Norah Kerby	Glenburnie	19.05
26	Sahar Ahmadi	Molly Brant	19.25
27	Briar Hawkins	Rideau Heigh	20.37
28	Evelyn Montague	Maple	20.61
29	Naomi Wakene	Molly Brant	22.02
30	Kadri Judge	Rideau Heigh	22.48
31	Charlee Hanna	Rideau Heigh	24.14
32	Quinlynn Graham	Rideau Heigh	24.60

Girls 100 Meter Dash Atom			
LESAA:		15.92 * 2013	Cole Henniger
Name		School	Finals
Finals			
1	Zoe Thompson	Maple	16.14
2	Ava Kellar	Joyceville	16.45
3	Nora Poole	Welborne	16.52
4	Addy Grundy	Storrington	16.71
5	Charlotte Tofflemire	Maple	16.93
6	Kayleigh Quilty	Maple	16.99
7	Ollie Wilson	Storrington	17.40
8	Abigail Rhymer	Welborne	17.46

Girls 200 Meter Dash Atom			
LESAA:		33.30 * 2002	Katie Gordanier
Name		School	Prelims
Preliminaries			
1	Nora Poole	Welborne	35.02Q

2	Charlotte Tofflemire	Maple	35.03Q
3	Addy Grundy	Storrington	35.48Q
4	Evvie Barrie	Maple	36.85Q
5	Abigael Vickers	Maple	35.75q
6	Ellie Beloniak	Welborne	36.44q
7	Ollie Wilson	Storrington	36.45q
8	Kayleigh Quilty	Maple	37.09q
9	Evelyn Epstein	Maple	37.30
10	Ella Josselyn	Maple	37.52
11	Isla Cameron	Welborne	37.60
12	Eva Sutherland	Maple	38.10
13	Shae Evers	Maple	38.61
14	Sofia Gutierrez Celi	Molly Brant	39.04
15	Chloe Yule	Simcoe	39.39
16	Arden Bell	Storrington	39.88
17	Marren Salmon	Joyceville	40.07
18	Piper Nourry	Storrington	40.77
19	Norah Kerby	Glenburnie	41.11
20	Sahar Ahmadi	Molly Brant	41.25
21	Leah Villeneuve	Simcoe	41.81
22	Callie Cornelius	Joyceville	42.52
23	Jill Harvey	Glenburnie	43.23
24	Serenity Masse-Thompson	Rideau Heigh	44.35
25	Vivian Leroux-Urqhart	Joyceville	48.53
26	Charlee Hanna	Rideau Heigh	53.16
27	Briar Hawkins	Rideau Heigh	55.23

Girls 200 Meter Dash Atom			
LESAA:		33.30 * 2002	Katie Gordanier
Name		School	Finals
Finals			
1	Nora Poole	Welborne	34.83
2	Charlotte Tofflemire	Maple	35.18
3	Addy Grundy	Storrington	35.39
4	Evvie Barrie	Maple	36.09
5	Kayleigh Quilty	Maple	36.22
6	Ollie Wilson	Storrington	36.44
7	Abigael Vickers	Maple	36.85
8	Ellie Beloniak	Welborne	38.74

Girls 400 Meter Dash Atom			
LESAA: 1:17.49 * 2013		Cole Henniger	
Name		School	Finals
Finals			
1	Evelyn Epstein	Maple	1:24.26
2	Evvie Barrie	Maple	1:26.36
3	Harroop Kaur-Stevenson	Welborne	1:28.87
4	Zoe Zahn	Maple	1:29.42
5	Adelyn Gellert	Glenburnie	1:30.02
6	Gwen Fournier	Maple	1:30.67
7	Maddison Summers	Welborne	1:32.97
8	Maelie Dube	Maple	1:33.23
9	Eden Cadeau	Welborne	1:34.65
10	Evelyn Pilutti	Maple	1:36.42
11	Aubrey Knowles	Maple	1:37.21
12	Serenity Masse-Thompson	Rideau Heigh	1:37.89

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls 400 Meter Dash Atom)			
Name		School	Finals
13	Raylin Donnelly	Maple	1:38.97
14	Izzy Steinfort	Welborne	1:40.44
15	Nora Mcilquham	Glenburnie	1:42.37
16	Lily-May Parent	Rideau Heigh	1:43.24
17	Addison Cheesborough	Storrington	1:44.85
18	Annabelle Winter	Storrington	1:55.54
19	Patricia Lajoie	Rideau Heigh	2:09.34

Girls 800 Meter Run Atom			
LESAA: 3:05.19 * 2019		Willow Baldree	
Name		School	Finals
Finals			
1	Evelyn Epstein	Maple	3:15.39
2	Ellie Beloniak	Welborne	3:17.08
3	Elizabeth Retrouvey	Maple	3:31.33
4	Maddy Pennock	Maple	3:36.34
5	Ava Williams	Maple	3:40.75
6	Isabelle Conway	Welborne	3:45.09
7	Aubrey Knowles	Maple	3:47.66
8	Evelyn Pilutti	Maple	3:49.45
9	Raylin Donnelly	Maple	3:49.91
10	Abbie Brown	Maple	4:02.24
11	Sadie Reynolds	Joyceville	4:10.51
12	Maddie Millar	Joyceville	4:10.94
13	Lily-May Parent	Rideau Heigh	4:13.25
14	Patricia Lajoie	Rideau Heigh	5:00.62

Girls 1200 Meter Run Atom			
LESAA: 4:51.25 * 2022-05-30		Scarlett George	
Name		School	Finals
Finals			
1	Elizabeth Retrouvey	Maple	5:27.55
2	Zoe Zahn	Maple	5:32.91
3	Sofia Gutierrez Celi	Molly Brant	5:34.74
4	Ava Williams	Maple	5:49.45
5	Marlo Burtch	Maple	5:55.52
6	Gwyneth Kisamo	Molly Brant	6:02.90
7	Adalyn Wilson	Molly Brant	6:51.72

Girls 4x100 Meter Relay Atom			
LESAA: 1:09.05 * 2007		Horton	
Team		Relay	Finals
Finals			
1	Maple		1:09.19
2	Joyceville		1:11.68
3	Storrington		1:15.72
4	Welborne		1:15.98
5	Glenburnie		1:18.90
6	Molly Brant		1:20.45
7	Rideau Heights		1:36.70

Girls High Jump Atom			
LESAA: 1.10m * 2019		Maddie Twigg	
Name		School	Finals
Finals			
1	Norah Kerby	Glenburnie	J0.95m
2	Annabelle Winter	Storrington	J0.95m
---	Lori Grice	Storrington	DNF

Girls Long Jump Atom			
LESAA: 3.53m * 2007		Jenna Black	
Name		School	Finals
Finals			
1	Zoe Thompson	Maple	3.17m
2	Charlotte Tofflemire	Maple	2.94m
3	Sam Liu	Maple	2.89m
4	Elle Hofer-Mcqueen	Maple	2.69m
5	Ava Kellar	Joyceville	2.64m
6	Scarlett Mccauley	Welborne	2.56m
7	Nora Mcilquham	Glenburnie	2.47m
8	Addy Grundy	Storrington	2.43m
9	Devon Gilchrist	Maple	2.42m
10	Audrey Munro	Storrington	2.35m
11	Isla Cameron	Welborne	2.33m
12	Penny Geisel	Storrington	2.32m
13	Harroop Kaur-Stevenson	Welborne	2.29m
14	Adelyn Gellert	Glenburnie	2.25m
15	Adah Chanu	Maple	2.16m
16	Evie Boland	Maple	2.09m
17	Lily Clark	Storrington	2.07m
18	Paisley Snyder	Rideau Heigh	1.94m
18	Maeve Allen	Glenburnie	1.94m
20	Marren Salmon	Joyceville	1.84m
21	Chloe Yule	Simcoe	1.77m
22	Jill Harvey	Glenburnie	1.76m
22	Leah Villeneuve	Simcoe	1.76m
24	Adalyn Wilson	Molly Brant	1.56m
25	Maddie Millar	Joyceville	1.55m
25	Lily-May Parent	Rideau Heigh	1.55m
27	Addison Brooke	Joyceville	1.47m
28	Emera Eldho	Maple	1.41m
29	Naomi Wakene	Molly Brant	1.33m
30	Kadri Judge	Rideau Heigh	1.27m
31	Quinlynn Graham	Rideau Heigh	1.26m

Girls Triple Jump Atom			
LESAA: 7.58m * 2025-05-26		Katerina Andrevska	
Name		School	Finals
Finals			
1	Hazel Edmunds	Maple	7.36m
2	Ava Kellar	Joyceville	7.03m
3	Nora Poole	Welborne	6.94m
4	Abigael Vickers	Maple	6.83m
5	Sam Liu	Maple	6.78m
6	Elle Hofer-Mcqueen	Maple	5.90m
7	Scarlett Mccauley	Welborne	5.78m

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls Triple Jump Atom)

	Name	School	Finals
8	Aubrey Knowles	Maple	5.76m
9	Elizabeth Retrouvey	Maple	5.62m
10	Abigail Rhymer	Welborne	5.50m
11	Grey Shurtleff	Welborne	5.06m
12	Audrey Munro	Storrington	4.95m
13	Gwen Skeaff	Maple	4.79m
14	Lily Clark	Storrington	4.76m
15	Maelle Weber	Maple	4.47m
16	Clara Griffen-Walker	Joyceville	4.18m
17	Annabelle Winter	Storrington	4.11m
18	Kadri Judge	Rideau Heigh	4.00m
---	Patricia Lajoie	Rideau Heigh	DNF
---	Paisley Snyder	Rideau Heigh	DNF
---	Bella Heim	Storrington	DNF
---	Sadie Reynolds	Joyceville	DNF

Girls 100 Meter Dash Bantam

LESAA: 14.51 * 2023-05-26 Samantha Nolk			
	Name	School	Prelims
Preliminaries			
1	Imogen Oke	Maple	* 14.24Q
2	Morgan Macdonald	Maple	15.08Q
3	Ruby Schmidt	Maple	15.23Q
4	Eva Harbisson	Storrington	15.44Q
5	Chloe Kellar	Joyceville	15.55Q
6	Nora Gibson	Rideau Heigh	15.27q
7	Gwen Grundy	Storrington	15.75q
8	Kaidence Roberts	Molly Brant	15.86q
9	Charlotte Vanderlinde	Joyceville	15.87
10	Ellie Brown	Maple	15.89
11	Aleksandra Beci	Molly Brant	15.91
12	Aveah Brooke	Joyceville	15.96
13	Juniper Cooney	Molly Brant	15.97
14	Azaria Cumpson	Glenburnie	16.17
15	Bella Wang	Maple	16.23
16	Katherine Gayflor	Simcoe	16.40
17	Abbie Parkhill	Maple	16.44
18	Addy Tofflemire	Maple	16.56
19	Tessa Boynton	Maple	16.62
20	Mackenzie Monds	Storrington	16.74
21	Grace Sinclair	Glenburnie	16.84
22	Ella Greenlees	Joyceville	16.86
23	Paula Gutierrez Celi	Molly Brant	16.95
24	Coralie Stewart	Welborne	17.17
25	Layne Fitzpatrick	Welborne	17.23
26	Alex Dalby	Welborne	17.31
27	Ruby Gould	Welborne	17.67
28	Emy Winter	Storrington	17.71
29	Ella Coles	Glenburnie	17.92
30	Chloe Jamieson	Glenburnie	19.89
31	Zayla Mckim-Rose	Rideau Heigh	20.64
32	Kaitlyn Lapointe-Vankoughne	Simcoe	21.53

Girls 100 Meter Dash Bantam

LESAA: 14.51 * 2023-05-26 Samantha Nolk			
	Name	School	Finals
Finals			
1	Imogen Oke	Maple	14.53
2	Ruby Schmidt	Maple	15.10
3	Eva Harbisson	Storrington	15.25
4	Morgan Macdonald	Maple	15.26
5	Chloe Kellar	Joyceville	15.31
6	Nora Gibson	Rideau Heigh	15.54
7	Gwen Grundy	Storrington	15.58
8	Kaidence Roberts	Molly Brant	15.87

Girls 200 Meter Dash Bantam

LESAA: 29.81 * 2006 Cassie Hunter			
	Name	School	Prelims
Preliminaries			
1	Imogen Oke	Maple	30.05Q
2	Annabelle Levac	Joyceville	32.33Q
3	Gwen Grundy	Storrington	32.33Q
4	Aleksandra Beci	Molly Brant	33.89Q
5	Ruby Schmidt	Maple	30.85q
6	Juniper Cooney	Molly Brant	33.12q
7	Eva Harbisson	Storrington	33.69q
8	Nora Gibson	Rideau Heigh	33.81q
9	Kensi Collier	Maple	34.16
10	Azaria Cumpson	Glenburnie	34.18
11	Liz Cody	Maple	34.28
12	Lyric Dyer	Maple	34.43
13	Mackenzie Monds	Storrington	35.03
14	Layla Anderson	Maple	35.07
15	Callie Virtue	Glenburnie	35.21
16	Claire Gordon	Maple	35.71
17	Lauren Kaupp	Joyceville	35.85
18	Mya Robertson	Joyceville	36.24
19	Alex Dalby	Welborne	36.76
20	Coralie Stewart	Welborne	36.98
21	Emy Winter	Storrington	37.26
22	Katherine Gayflor	Simcoe	37.54
23	Lamis Abukhufus	Simcoe	37.88
24	Evelyn Gray	Welborne	38.48
25	Ella Coles	Glenburnie	39.84
26	Sera Jaimon	Simcoe	40.37
27	Chloe Jamieson	Glenburnie	40.39
28	Zayla Mckim-Rose	Rideau Heigh	45.31
29	Alehna Chamberlin-Nest	Rideau Heigh	47.22

Girls 200 Meter Dash Bantam

LESAA: 29.81 * 2006 Cassie Hunter			
	Name	School	Finals
Finals			
1	Imogen Oke	Maple	30.50
2	Annabelle Levac	Joyceville	31.11
3	Ruby Schmidt	Maple	31.24
4	Gwen Grundy	Storrington	32.12

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls 200 Meter Dash Bantam)			
Name	School	Finals	
5 Juniper Cooney	Molly Brant	32.89	
6 Eva Harbisson	Storrington	33.55	
7 Aleksandra Beci	Molly Brant	36.08	

Girls 400 Meter Dash Bantam			
LESAA: 1:08.29 * 2006		Cassie Hunter	
Name	School	Finals	
Finals			
1 Eva Harbisson	Storrington	1:17.87	
2 Nora Gibson	Rideau Heigh	1:17.93	
3 Annika Fogels	Maple	1:18.04	
4 Isobel Graymason	Maple	1:20.34	
5 Ellie Brown	Maple	1:22.31	
6 Tessa Boynton	Maple	1:22.66	
7 Addy Tofflemire	Maple	1:23.82	
8 Callie Virtue	Glenburnie	1:23.93	
9 Everly Francis	Maple	1:24.42	
10 Makenna King	Joyceville	1:28.81	
11 Hailee Sonneveld	Storrington	1:30.98	
12 Lamis Abukhufus	Simcoe	1:31.43	
13 Ali Oliver	Maple	1:32.60	
14 Hailey Arnold	Welborne	1:33.07	
15 Addy Wood	Storrington	1:34.75	
16 Katherine Gayflor	Simcoe	1:35.20	
17 Abby Wilson	Storrington	1:40.77	
18 Avery Holden Katzel	Welborne	1:42.88	

Girls 800 Meter Run Bantam			
LESAA: 2:50.12 * 2002		Britnee Revell	
Name	School	Finals	
Finals			
1 Morgan Macdonald	Maple	2:59.70	
2 Sadie George	Glenburnie	3:06.55	
3 Isobel Graymason	Maple	3:08.72	
4 Annika Fogels	Maple	3:13.00	
5 Ruby Gould	Welborne	3:13.81	
6 Ellie Hamilton	Maple	3:15.67	
7 Evelyn Gray	Welborne	3:17.77	
8 Natalie Rivett	Maple	3:19.63	
9 Katerina Andrevska	Maple	3:26.12	
10 Anna Lu	Maple	3:26.45	
11 Callie Virtue	Glenburnie	3:28.87	
12 Ali Oliver	Maple	3:32.25	
13 Gloria Brownridge	Joyceville	3:33.88	
14 Makenna King	Joyceville	3:44.89	
15 Avery Holden Katzel	Welborne	3:46.79	
16 Hailee Sonneveld	Storrington	3:47.90	
17 Addy Wood	Storrington	3:48.64	

Girls 1200 Meter Run Bantam			
LESAA: 4:32.70 * 2019		Jocelyn Leeder	
Name	School	Finals	
Finals			
1 Isobel Graymason	Maple	4:46.24	

2 Sadie George	Glenburnie	4:50.27
3 Payten Kamink	Glenburnie	4:54.69
4 Ruby Gould	Welborne	4:56.80
5 Natalie Rivett	Maple	4:57.90
6 Evelyn Gray	Welborne	5:02.13
7 Ali Oliver	Maple	5:31.02
8 Ella Greenlees	Joyceville	5:54.07
9 Avery Holden Katzel	Welborne	6:08.95
10 Adalyn Lavigne	Maple	6:14.28

Girls 4x100 Meter Relay Bantam			
LESAA: 1:01.31 * 2004		Lancers	
Team	Relay	Finals	
Finals			
1 Maple		1:00.34*	
2 Joyceville		1:03.68	
3 Molly Brant		1:05.66	
4 Storrington		1:06.48	
5 Glenburnie		1:11.06	
6 Welborne		1:12.08	

Girls High Jump Bantam			
LESAA: 1.30m * 2022-05-30		Mae Gillis	
Name	School	Finals	
Finals			
1 Ella Greenlees	Joyceville	1.10m	
--- Sophia Colby	Storrington	DNF	
--- Grace Sinclair	Glenburnie	DNF	

Girls Long Jump Bantam			
LESAA: 4.19m * 2009		Jenna Black	
Name	School	Finals	
Finals			
1 Imogen Oke	Maple	3.69m	
2 Morgan Macdonald	Maple	3.40m	
3 Kara Chaffee	Maple	3.33m	
4 Katerina Andrevska	Maple	3.27m	
5 Zoe Charron	Maple	3.13m	
6 Gwen Grundy	Storrington	2.95m	
7 Sadie George	Glenburnie	2.93m	
8 Juniper Cooney	Molly Brant	2.89m	
9 Annika Fogels	Maple	2.86m	
10 Chloe Kellar	Joyceville	2.84m	
11 Layne Fitzpatrick	Welborne	2.75m	
12 Addy Tofflemire	Maple	2.73m	
13 Aleksandra Beci	Molly Brant	2.70m	
14 Hailey Arnold	Welborne	2.65m	
15 Alex Dalby	Welborne	2.60m	
16 Kaidence Roberts	Molly Brant	2.51m	
16 Aveah Brooke	Joyceville	2.51m	
18 Grace Sinclair	Glenburnie	2.50m	
19 Parinaz Aboutorabizarchi	Molly Brant	2.43m	
20 Mackenzie Monds	Storrington	2.40m	
21 Gloria Brownridge	Joyceville	2.36m	
22 Lyla Galloway	Welborne	2.34m	
23 Emy Winter	Storrington	2.20m	

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls Long Jump Bantam)

Name	School	Finals
23 Kelly Fried	Maple	2.20m
25 Molly Ison	Joyceville	2.10m
25 Isla Platz	Storrington	2.10m
27 Zayla Mckim-Rose	Rideau Heigh	1.97m
28 Sera Jaimon	Simcoe	1.95m
29 Alehna Chamberlin-Nest	Rideau Heigh	1.66m
30 Kaitlyn Lapointe-Vankoughne	Simcoe	1.56m

Girls Triple Jump Bantam

LESAA:	9.00m * 2004	Chloe Colden
Name	School	Finals
Finals		
1 Ellie Brown	Maple	7.98m
2 Chloe Kellar	Joyceville	7.76m
3 Kara Chaffee	Maple	7.75m
4 Katerina Andrevska	Maple	7.55m
5 Lyric Dyer	Maple	7.16m
6 Zoe Charron	Maple	6.82m
7 Mya Robertson	Joyceville	6.80m
8 Claire Gordon	Maple	6.78m
9 Abigail Knowles	Maple	6.12m
10 Layne Fitzpatrick	Welborne	6.11m
11 Sera Jaimon	Simcoe	5.62m
12 Isla Platz	Storrington	5.52m
13 Sadie Davidson	Storrington	5.49m
14 Lucy Pay	Maple	5.30m
15 Olive Norman	Storrington	4.74m
16 Abby Wilson	Storrington	4.73m
17 Kaitlyn Lapointe-Vankoughne	Simcoe	3.50m
--- Molly Ison	Joyceville	DNF

Girls 100 Meter Dash Senior

LESAA:	14.14 * 2009	Kelsey Smith
Name	School	Prelims
Preliminaries		
1 Manami Chau	Welborne	14.23Q
2 Esther Belisle	Molly Brant	14.27Q
3 Meika Sebastian	LaSalle	14.40Q
4 Celeste Marrast	Welborne	14.69Q
5 Skylar Marchand	Welborne	14.71Q
6 Zoe Dick	Joyceville	15.66Q
7 Sophia Severino	LaSalle	15.01q
8 Sierra Sutherland	Joyceville	15.23q
9 Sophie Lockhart	LaSalle	15.47
10 Kosi Rowland	Simcoe	15.97
11 Ellie Armstrong	LaSalle	16.03
12 Danica Faulkner	Molly Brant	16.11
13 Lily Scott	Molly Brant	16.11
14 Skylar Perrin	Glenburnie	16.27
15 Brooklyn Rincones	Glenburnie	16.42
16 Cheyenne Cumpson	Rideau Heigh	16.56
17 Brealynn Blakely	Simcoe	16.65
18 Aubree Kenney	Amherstview	17.13
19 Hannah Spencer	Storrington	17.42

20 Fajr Abdullatif	Rideau Heigh	17.85
21 Elizabeth Gayflor	Simcoe	18.51
22 Clarissa Mountenay	Simcoe	18.94

Girls 100 Meter Dash Senior

LESAA:	14.14 * 2009	Kelsey Smith
Name	School	Finals
Finals		
1 Esther Belisle	Molly Brant	14.03*
2 Manami Chau	Welborne	14.11*
3 Meika Sebastian	LaSalle	14.74
4 Celeste Marrast	Welborne	14.77
5 Skylar Marchand	Welborne	14.84
6 Sophia Severino	LaSalle	15.42
7 Sierra Sutherland	Joyceville	15.86
8 Zoe Dick	Joyceville	16.12

Girls 200 Meter Dash Senior

LESAA:	28.45 * 2007	Cassie Hunter
Name	School	Prelims
Preliminaries		
1 Meika Sebastian	LaSalle	30.55Q
2 Manami Chau	Welborne	30.78Q
3 Chloe Attanasio	Welborne	31.61Q
4 Celeste Marrast	Welborne	31.05Q
5 Maya Baker-Norris	LaSalle	33.70Q
6 Danica Faulkner	Molly Brant	33.77Q
7 Sophie Lockhart	LaSalle	32.57q
8 Teali Hines	Molly Brant	34.83q
9 Kosi Rowland	Simcoe	34.92
10 Carley Reeves	LaSalle	34.98
11 Cheyenne Cumpson	Rideau Heigh	35.45
12 Skylar Perrin	Glenburnie	37.54
13 Fajr Abdullatif	Rideau Heigh	38.01
14 Jade Davis	Amherstview	38.06
15 Hannah Spencer	Storrington	38.34
16 Victoria Rubec	Simcoe	38.50

Girls 200 Meter Dash Senior

LESAA:	28.45 * 2007	Cassie Hunter
Name	School	Finals
Finals		
1 Manami Chau	Welborne	29.89
2 Meika Sebastian	LaSalle	29.93
3 Celeste Marrast	Welborne	30.84
4 Chloe Attanasio	Welborne	31.06
5 Sophie Lockhart	LaSalle	32.28
6 Maya Baker-Norris	LaSalle	33.21
7 Teali Hines	Molly Brant	34.32
8 Danica Faulkner	Molly Brant	34.50

Girls 400 Meter Dash Senior

LESAA:	1:05.02 * 2002	Devon Labrash
Name	School	Finals
Finals		
1 Manami Chau	Welborne	1:11.45

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls 400 Meter Dash Senior)			
Name		School	Finals
2	Zoe Dick	Joyceville	1:16.66
3	Abby Coville	Joyceville	1:18.96
4	Lucy Sauerbrei	LaSalle	1:19.80
5	Jade Davis	Amherstview	1:20.15
6	Javiera Diaz	LaSalle	1:20.61
7	Allison Kemp	Welborne	1:20.97
8	Paige Sonneveld	LaSalle	1:22.07

Girls 800 Meter Run Senior			
LESAA: 2:38.14 * 2007		Rachel Burns	
Name		School	Finals
Finals			
1	Meika Sebastian	LaSalle	2:50.76
2	Sophia Severino	LaSalle	2:59.63
3	Emily Youngman	LaSalle	3:13.18

Girls 1200 Meter Run Senior			
LESAA: 4:19.42 * 2019		Teegan Whitney	
Name		School	Finals
Finals			
1	Anya Egan	Welborne	4:22.75
2	Sophia Severino	LaSalle	5:14.77
3	Emily Youngman	LaSalle	5:29.86
4	Charlotte Harvey	Glenburnie	5:37.11
5	Maya Baker-Norris	LaSalle	5:45.59

Girls 2000 Meter Run Senior			
LESAA: 8:05.45 * 2025-05-26		Anya Egan	
Name		School	Finals
Finals			
1	Anya Egan	Welborne	7:40.49*
2	Julia Wu	Welborne	9:37.74
3	Allison Kemp	Welborne	10:40.74

Girls 4x100 Meter Relay Senior			
LESAA: 57.24 * 2003		Jayhawks	
Team		Relay	Finals
Finals			
1	Welborne		1:00.55
2	LaSalle		1:01.50
3	Molly Brant		1:04.45
4	Glenburnie		1:08.37
5	Simcoe		1:10.08
6	Rideau Heights		1:10.28
7	Storrington		1:10.47

Girls High Jump Senior			
LESAA: 1.60m * 2006		Portia Ball	
Name		School	Finals
Finals			
1	Cassie Botsford	Glenburnie	1.25m

Girls Long Jump Senior			
LESAA: 4.64m * 2006		Katie Gordanier	
Name		School	Finals
Finals			
1	Emily Warkentin	Welborne	3.96m
2	Julia Wu	Welborne	3.79m
3	Sierra Sutherland	Joyceville	3.63m
4	Cassie Botsford	Glenburnie	3.61m
5	Lilly Thompson-Babcock	Molly Brant	3.60m
6	Esther Belisle	Molly Brant	3.57m
7	Sophie Lockhart	LaSalle	3.48m
8	Lily Scott	Molly Brant	3.45m
9	Celeste Marrast	Welborne	3.38m
10	Briawna Norwich	Welborne	3.16m
11	Aubrey Albano	Glenburnie	3.13m
12	Isabel Gibson	LaSalle	2.99m
13	Skyla Perrin	Glenburnie	2.98m
14	Jade Davis	Amherstview	2.91m
15	Charlotte Harvey	Glenburnie	2.85m
16	Ruby Graham	Amherstview	2.77m
17	Morgan King	LaSalle	2.71m
18	Cheyenne Cumpson	Rideau Heigh	2.70m
19	Fajr Abdullatif	Rideau Heigh	2.30m
20	Brealynn Blakely	Simcoe	2.29m
21	Elizabeth Gayflor	Simcoe	2.06m
22	Clarissa Mountenay	Simcoe	2.05m
---	Qheli Bruno	Molly Brant	DNF

Girls Triple Jump Senior			
LESAA: 10.23m * 2019		Hailey Twigg	
Name		School	Finals
Finals			
1	Emily Warkentin	Welborne	8.41m
2	Julia Wu	Welborne	8.29m
3	Briawna Norwich	Welborne	8.03m
4	Abby Coville	Joyceville	7.90m
5	Emily Youngman	LaSalle	7.89m
6	Maya Baker-Norris	LaSalle	7.86m
7	Brooklyn Rincones	Glenburnie	7.48m
8	Ellie Armstrong	LaSalle	7.44m
9	Claire Gordanier	Joyceville	7.25m
10	Aubree Kenney	Amherstview	6.80m
11	Joey Pilgrim	Welborne	6.73m
12	Isabel Gibson	LaSalle	6.45m
13	Ruby Graham	Amherstview	6.12m
14	Victoria Rubec	Simcoe	5.90m

Girls Shot Put Senior			
LESAA: 8.99m * 2014		Chelsea Hiemstra	
Name		School	Finals
Finals			
1	Skyla Marchand	Welborne	8.28m
2	Lily Scott	Molly Brant	7.96m
3	Tiana Mcnamara	Molly Brant	7.74m
4	Cassie Botsford	Glenburnie	7.58m

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Girls Shot Put Senior)			
Name		School	Finals
5	Hannah Spencer	Storrington	7.53m
6	Allison Kemp	Welborne	7.50m
7	Morgan Jackson	Welborne	7.24m
8	Brielle Arnold	Welborne	7.21m
9	Kosi Rowland	Simcoe	6.58m
10	Morgan King	LaSalle	6.50m
11	Zoe Dick	Joyceville	6.29m
12	Lili Riff	LaSalle	6.27m
13	Elizabeth Gayflor	Simcoe	6.13m
14	Lexi Roach	Amherstview	6.07m
15	Brooklyn Rincones	Glenburnie	5.95m
16	Teali Hines	Molly Brant	5.78m
17	Elizabeth Heath	LaSalle	5.73m
18	Brooklyn Paul	LaSalle	5.40m
19	Paiton Cormier-Morrow	Molly Brant	5.35m
20	Victoria Rubec	Simcoe	5.15m
21	Clarissa Mountenay	Simcoe	4.93m
22	Charlotte Harvey	Glenburnie	4.45m
Boys 100 Meter Dash Atom			
LESAA: 15.43 * 2024-05-29 Martin Steinfort			
Name		School	Prelims
Preliminaries			
1	Sonny Langille	Maple	* 15.10Q
2	Miles Brown	Maple	15.49Q
3	Declan Robinson	Maple	15.93Q
4	Aiden Mcconnell	Maple	15.98Q
5	Phin Beddoe	Maple	16.31Q
6	Mac Woods	Glenburnie	* 15.42q
7	Sullivan Oke	Maple	16.12q
8	Carter Robertson	Joyceville	16.18q
9	Bodie Mattson	Welborne	16.30
10	Dawson Murphy	Maple	16.59
11	Douglas Jardine	Storrington	16.61
12	Jacob Hunter	Welborne	16.67
13	Ryker Linfield	Welborne	16.72
14	Miller Edwards	Joyceville	16.74
15	Sullivan Mckinley	Molly Brant	16.78
16	Kristian Omelko	Maple	16.88
17	Jack Steinfort	Welborne	16.92
18	Sam Botsford	Glenburnie	17.03
19	Jace Wilson	Rideau Heigh	17.08
20	Mateo Alfaro-Foley	Molly Brant	17.16
21	Otis Lorimer	Molly Brant	17.21
22	Wesley Jackson	Storrington	17.29
23	Weston Bednarek	Storrington	17.32
24	Oliver Gagne	Glenburnie	17.36
25	Ismail Hamadi	Molly Brant	17.75
26	Ben Hart	Joyceville	18.07
27	Cooper Sands	Joyceville	18.16
28	Daltenn Wilson	Rideau Heigh	18.31
29	Hudsyn Gervais	Glenburnie	18.31
30	Ayden Watkins	Rideau Heigh	19.96
31	Tj Chamberlin-Nest	Rideau Heigh	20.06

32	Declan Doyle	Storrington	23.68
Boys 100 Meter Dash Atom			
LESAA: 15.43 * 2024-05-29 Martin Steinfort			
Name		School	Finals
Finals			
1	Sonny Langille	Maple	15.52
2	Mac Woods	Glenburnie	15.79
3	Miles Brown	Maple	16.18
4	Declan Robinson	Maple	16.24
5	Aiden Mcconnell	Maple	16.39
6	Sullivan Oke	Maple	16.40
7	Carter Robertson	Joyceville	16.57
8	Phin Beddoe	Maple	17.14
Boys 200 Meter Dash Atom			
LESAA: 31.46 * 2013 Tye Kartye			
Name		School	Prelims
Preliminaries			
1	Mac Woods	Glenburnie	32.69Q
2	Miles Brown	Maple	32.78Q
3	Caleb Campling	Maple	33.01Q
4	Declan Robinson	Maple	34.86Q
5	Carter Robertson	Joyceville	34.20q
6	Sullivan Mckinley	Molly Brant	35.54q
7	Dawson Murphy	Maple	35.72q
8	Miller Edwards	Joyceville	36.01q
9	Douglas Jardine	Storrington	36.06
10	Jacob Hunter	Welborne	36.16
11	Brennan Norwich	Welborne	36.38
12	Rhett Fagan	Welborne	36.72
13	Weston Bednarek	Storrington	37.03
14	Mateo Alfaro-Foley	Molly Brant	37.27
15	Max Wernham	Maple	38.07
16	Wesley Jackson	Storrington	38.61
17	Noah Yoo	Maple	39.11
18	Oliver Gagne	Glenburnie	39.60
19	Damian Bradley	Maple	39.80
20	Ismail Hamadi	Molly Brant	39.86
21	Sam Beaudry	Joyceville	40.03
22	Ben Hart	Joyceville	40.24
23	Raymond Masse-Thompson	Rideau Heigh	41.30
24	Jacob Jean	Maple	41.47
25	Logan Kemp	Rideau Heigh	46.90
26	Tj Chamberlin-Nest	Rideau Heigh	47.49
27	Owen Donaldson	Glenburnie	50.02
28	Diego Vieno	Rideau Heigh	51.82
29	Ethan Phillips	Glenburnie	52.94
Boys 200 Meter Dash Atom			
LESAA: 31.46 * 2013 Tye Kartye			
Name		School	Finals
Finals			
1	Mac Woods	Glenburnie	31.91
2	Miles Brown	Maple	32.07
3	Carter Robertson	Joyceville	34.45

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Boys 200 Meter Dash Atom)

Name	School	Finals
4 Caleb Campling	Maple	34.49
5 Sullivan Mckinley	Molly Brant	34.51
6 Declan Robinson	Maple	34.52
7 Dawson Murphy	Maple	35.66
8 Miller Edwards	Joyceville	35.70

Boys 400 Meter Dash Atom

LESAA: 1:16.24 * 2012 Ben Moffat

Name	School	Finals
Finals		
1 Nathan Stronach	Maple	1:16.87
2 Sonny Langille	Maple	1:19.07
3 Rafe Graymason	Maple	1:19.60
4 Matthew Murillo	Maple	1:19.87
5 Killian Wright-Parker	Maple	1:21.06
6 Jace Wilson	Rideau Heigh	1:23.87
7 Phin Beddoe	Maple	1:24.52
8 Sullivan Oke	Maple	1:24.87
9 Bodie Mattson	Welborne	1:26.67
10 Weston Bednarek	Storrington	1:27.29
11 Nathan Van Staalduinen	Maple	1:28.47
12 Isaac Mulder	Welborne	1:31.83
13 Raymond Masse-Thompson	Rideau Heigh	1:34.32
14 Emery Somers	Glenburnie	1:37.59
15 Ayden Watkins	Rideau Heigh	1:38.43
16 Theo Harding	Glenburnie	1:38.74
17 Logan Kemp	Rideau Heigh	1:42.12
18 Clyde McCallum	Storrington	1:43.45
19 Owen Donaldson	Glenburnie	1:53.31
20 Declan Doyle	Storrington	2:12.50

Boys 800 Meter Run Atom

LESAA: 2:52.52 * 2007 Connor Smith

Name	School	Finals
Finals		
1 Grant Murphy	Maple	2:49.30*
2 Rafe Graymason	Maple	2:49.84*
3 Nathan Stronach	Maple	2:51.90*
4 Killian Wright-Parker	Maple	3:01.35
5 Phin Beddoe	Maple	3:04.39
6 Blake McCallum	Storrington	3:08.09
7 Jace Wilson	Rideau Heigh	3:12.91
8 Matthew Murillo	Maple	3:13.43
9 Rowan Poole	Welborne	3:14.18
10 Dylan Marquardt	Maple	3:16.64
11 William Barnes	Welborne	3:18.12
12 Emmett Tooley	Welborne	3:32.46
13 Caleb Campling	Maple	3:35.04
14 Raymond Masse-Thompson	Rideau Heigh	3:39.03
15 Emery Somers	Glenburnie	3:45.20
16 Ayden Watkins	Rideau Heigh	3:52.28
17 Theo Harding	Glenburnie	5:17.73

Boys 1200 Meter Run Atom

LESAA: 4:34.43 * 2024-05-29 Owen O'Leary

Name	School	Finals
Finals		
1 Rafe Graymason	Maple	4:23.60*
2 Grant Murphy	Maple	4:26.60*
3 Nathan Stronach	Maple	4:27.98*
4 Blake McCallum	Storrington	4:47.99
5 Xavier Lemieux	Maple	4:48.44
6 Tommy Antony	Maple	4:54.61
7 William Barnes	Welborne	4:56.16
8 Nate Mackulin	Maple	4:58.89
9 Otis Lorimer	Molly Brant	5:16.59
10 Sullivan Oke	Maple	5:16.62
11 Alex McGregor	Welborne	5:19.04
12 Dawson Holden Katzel	Welborne	5:19.26
13 Ben Hart	Joyceville	5:22.68
14 Dylan Marquardt	Maple	5:27.46
15 Declan Doyle	Storrington	6:01.33

Boys 4x100 Meter Relay Atom

LESAA: 1:06.76 * 2006 Jayhawks

Team	Relay	Finals
Finals		
1 Maple		1:06.88
2 Welborne		1:10.05
3 Molly Brant		1:12.24
4 Storrington		1:12.32
5 Joyceville		1:13.65
6 Glenburnie		1:16.41
7 Rideau Heights		1:18.87

Boys High Jump Atom

LESAA: 1.22m * 2023-05-26 William Udoha

Name	School	Finals
Finals		
1 Mateo Alfaro-Foley	Molly Brant	1.00m
2 Blake McCallum	Storrington	0.95m
--- Sullivan Mckinley	Molly Brant	DNF

Boys Long Jump Atom

LESAA: 3.69m * 2022-05-30 Quintin Cleary

Name	School	Finals
Finals		
1 Mac Woods	Glenburnie	3.42m
2 Sonny Langille	Maple	3.39m
3 Carter Robertson	Joyceville	3.32m
4 Miles Brown	Maple	3.21m
5 Logan Patterson	Maple	3.10m
6 Miller Edwards	Joyceville	3.02m
7 Otis Lorimer	Molly Brant	3.00m
8 Kristian Omelko	Maple	2.94m
9 Douglas Jardine	Storrington	2.90m
10 Oliver Gagne	Glenburnie	2.86m
11 Alex McGregor	Welborne	2.82m

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Boys Long Jump Atom)

	Name	School	Finals
12	Wesley Jackson	Storrington	2.69m
13	Sam Etchegary	Maple	2.67m
14	Nolan Snyder	Welborne	2.62m
15	Forrest Compeau	Welborne	2.58m
16	Reid Clow	Joyceville	2.57m
17	Clyde Mcallum	Storrington	2.50m
18	Jacob Jean	Maple	2.49m
19	Connor Oddie	Maple	2.46m
20	Hudsyn Gervais	Glenburnie	2.39m
21	Sully Phillips	Maple	2.34m
22	Daltenn Wilson	Rideau Heigh	2.25m
23	Nathaniel Kalimanshi	Molly Brant	2.17m
24	Sam Beaudry	Joyceville	2.15m
25	Charlie Ahrenkiel	Storrington	1.69m
26	Oliver Kerby	Glenburnie	1.68m
27	Logan Kemp	Rideau Heigh	1.55m
28	Diego Vieno	Rideau Heigh	1.54m
29	Nathan Kish	Rideau Heigh	1.35m
---	Luca Chamberland	Molly Brant	DNF

Boys Triple Jump Atom

	LESAA: 8.56m * 2012	Alex Vreeken	
	Name	School	Finals
Finals			
1	Dawson Murphy	Maple	6.92m
2	Noah Yoo	Maple	6.80m
3	Grant Murphy	Maple	6.78m
4	Logan Patterson	Maple	6.70m
5	Ryker Linfield	Welborne	6.40m
6	Brennan Norwich	Welborne	6.24m
7	Jacob Hunter	Welborne	5.75m
8	Kristian Omelko	Maple	5.72m
9	Hudsyn Gervais	Glenburnie	5.66m
10	Lennox Bowerman	Maple	5.28m
11	Clyde Mcallum	Storrington	5.01m
12	Joe Kerr	Storrington	4.80m
13	Charlie Ahrenkiel	Storrington	4.38m
14	Henry Lupu	Maple	4.29m
15	Daltenn Wilson	Rideau Heigh	4.26m
16	Diego Vieno	Rideau Heigh	3.76m
---	Nathan Kish	Rideau Heigh	DNF
---	Grayson Jameson	Welborne	DNF
---	Deven Persaud	Maple	DNF

Boys 100 Meter Dash Bantam

	LESAA: 13.99 * 2009	Blakely Cameron	
	Name	School	Prelims
Preliminaries			
1	Martin Steinfort	Welborne	14.23Q
2	Isaac Aguilar	Maple	14.54Q
3	Hudson Ireland	Storrington	14.82Q
4	Alex Parsons	Molly Brant	15.33Q
5	Charlie Murphy	Storrington	14.79q
6	Connor Mccutcheon	Maple	15.63q

7	Owen Vickers	Maple	15.64q
8	Caius O'Brien-Hagman	Maple	15.70q
9	Theo Mccallan	Glenburnie	15.76
10	Max Shaver	Welborne	15.82
11	Furaha Mnyangoma	Simcoe	16.03
12	Rahul Nair	Molly Brant	16.18
13	Connor Hynes	Maple	16.26
14	Redwan Chowdhury	Molly Brant	16.38
15	Ethan Fleming	Maple	16.43
16	Brodie Hanmore	Storrington	16.73
17	Thomas Salmon	Joyceville	16.74
18	Carter Laird	Maple	16.76
19	Daniel Sutherland	Joyceville	17.05
20	Gavin Gagnon	Welborne	17.16
21	Myles Mastin	Glenburnie	17.28
22	Tanner Yule	Simcoe	17.50
23	Cooper McCallam	Joyceville	17.58
24	Josh Colby-Sparks	Rideau Heigh	17.78
25	Mason Robson	Glenburnie	17.80
26	Jacob Moniz	Rideau Heigh	17.84
27	David Parsons	Molly Brant	17.88
28	Mason Hait	Joyceville	17.94
29	Viktor Orugliza	Maple	18.08
30	Corbin Corneau	Rideau Heigh	18.72
31	Lennox Sturgis	Glenburnie	20.05

Boys 100 Meter Dash Bantam

	LESAA: 13.99 * 2009	Blakely Cameron	
	Name	School	Finals
Finals			
1	Martin Steinfort	Welborne	14.22
2	Isaac Aguilar	Maple	14.83
3	Hudson Ireland	Storrington	15.02
4	Charlie Murphy	Storrington	15.23
5	Alex Parsons	Molly Brant	15.38
6	Caius O'Brien-Hagman	Maple	15.82
7	Connor Mccutcheon	Maple	15.85
8	Owen Vickers	Maple	15.98

Boys 200 Meter Dash Bantam

	LESAA: 28.89 * 2010	Cody Webb	
	Name	School	Prelims
Preliminaries			
1	Martin Steinfort	Welborne	29.75Q
2	Isaac Aguilar	Maple	31.13Q
3	Logan Parkinson	Maple	33.27Q
4	Parker Tilbrook	Maple	33.65Q
5	Charlie Murphy	Storrington	31.17q
6	Caius O'Brien-Hagman	Maple	32.16q
7	Max Shaver	Welborne	32.40q
8	Daniel Bearse	Maple	33.95q
9	Rylan Merchant	Maple	34.14
10	Levi Rosen	Maple	34.28
11	Furaha Mnyangoma	Simcoe	34.66
12	Jasper Fagan	Welborne	34.84
13	Bentley Spencer	Storrington	34.87

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Preliminaries ... (Boys 200 Meter Dash Bantam)			
Name		School	Prelims
14	Pierce Reynolds	Maple	35.01
15	Jacob Edgell Murphy	Welborne	36.20
16	Brodie Hanmore	Storrington	36.41
17	Tanner Yule	Simcoe	36.68
18	Brodie Young	Storrington	37.13
19	Mahmoud El Doueik	Molly Brant	39.17
20	Daniel Sutherland	Joyceville	39.20
21	Cooper McCallam	Joyceville	39.44
22	Nathan Sitoski	Molly Brant	39.55
23	Mason Hart	Joyceville	40.16
24	Jacob Moniz	Rideau Heigh	40.26
25	David Parsons	Molly Brant	40.93
26	Joey Freeman	Joyceville	41.31
27	Rico Vieno	Rideau Heigh	42.61
28	Kalid Abdikadir	Molly Brant	45.75

Boys 200 Meter Dash Bantam			
LESAA: 28.89 * 2010		Cody Webb	
Name		School	Finals
Finals			
1	Martin Steinfort	Welborne	29.87
2	Charlie Murphy	Storrington	30.98
3	Isaac Aguilar	Maple	31.74
4	Caius O'Brien-Hagman	Maple	32.35
5	Logan Parkinson	Maple	32.46
6	Max Shaver	Welborne	33.31
7	Daniel Bearse	Maple	33.70
8	Parker Tilbrook	Maple	33.78

Boys 400 Meter Dash Bantam			
LESAA: 1:02.97 * 2010		Cody Webb	
Name		School	Finals
Finals			
1	Charlie Murphy	Storrington	1:10.65
2	Martin Steinfort	Welborne	1:11.32
3	Quillen De Costa	Maple	1:12.88
4	Carter Laird	Maple	1:15.54
5	Roy Antony	Maple	1:15.56
6	Sonny Roberts	Storrington	1:16.71
7	Owen Morris-Pocock	Maple	1:17.21
8	Connor Hynes	Maple	1:18.83
9	Colton McCallum	Storrington	1:19.29
10	Theo McCallan	Glenburnie	1:19.34
11	Logan Parkinson	Maple	1:20.25
12	Oliver Hollett	Maple	1:23.24
13	Tanner Yule	Simcoe	1:24.48
14	Jasper Fagan	Welborne	1:25.52
15	Hussain Zarif	Molly Brant	1:26.03
16	Joao De Sa	Welborne	1:31.22
17	Mason Robson	Glenburnie	1:33.82
18	Logan Dougherty	Glenburnie	1:38.83
19	Josh Colby-Sparks	Rideau Heigh	1:48.72

Boys 800 Meter Run Bantam			
LESAA: 2:35.69 * 2010		D Billingsley	
Name		School	Finals
Finals			
1	Lane Murphy	Maple	2:40.31
2	Sonny Roberts	Storrington	2:46.22
3	Owen Morris-Pocock	Maple	2:47.87
4	Quillen De Costa	Maple	2:51.20
5	Roy Antony	Maple	2:55.11
6	Carter Laird	Maple	2:59.76
7	Levi Rosen	Maple	3:02.12
8	Ethan Edwards	Maple	3:05.82
9	Colton McCallum	Storrington	3:08.58
10	Brodie Hanmore	Storrington	3:26.63
11	Logan Dougherty	Glenburnie	3:49.80

Boys 1200 Meter Run Bantam			
LESAA: 4:14.27 * 2025-05-26		Owen O'Leary	
Name		School	Finals
Finals			
1	Lane Murphy	Maple	4:09.91*
2	Owen Morris-Pocock	Maple	4:17.01
3	Quillen De Costa	Maple	4:21.77
4	Sonny Roberts	Storrington	4:21.83
5	Colton McCallum	Storrington	4:43.35
6	Aaron Winfield	Welborne	4:45.12
7	Oliver Hollett	Maple	4:48.56
8	Adam Mckay	Maple	5:11.00
9	Brayden Croteau	Molly Brant	5:15.19
10	Nathan Sitoski	Molly Brant	5:50.59
11	Grayson Gervais	Glenburnie	5:58.16
12	Kalid Abdikadir	Molly Brant	6:12.94

Boys 4x100 Meter Relay Bantam			
LESAA: 1:00.00 * 2002		Jayhawks	
Team		Relay	Finals
Finals			
1	Maple		1:02.10
2	Storrington		1:04.82
3	Molly Brant		1:05.27
4	Welborne		1:07.44
5	Glenburnie		1:09.81
6	Joyceville		1:11.81
7	Rideau Heights		1:16.83

Boys High Jump Bantam			
LESAA: 1.32m * 2024-05-29		Bentley Cornelius	
Name		School	Finals
Finals			
1	Hudson Ireland	Storrington	J1.25m
1	Oliver McCallum	Storrington	J1.25m
3	Milo Geisel	Storrington	1.20m
4	Mason Hart	Joyceville	J1.15m
4	Redwan Chowdhury	Molly Brant	J1.15m
6	Owen Vickers	Maple	J1.15m

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Boys High Jump Bantam)

Name	School	Finals
7 Hussain Zarif	Molly Brant	1.05m
--- Mahmoud El Doueik	Molly Brant	DNF
--- Roan Chirnside	Storrington	DNF
--- Mason Oomen	Joyceville	DNF
--- Alex Parsons	Molly Brant	DNF

Boys Long Jump Bantam

LESAA: 4.05m * 2006 Sam Menard

Name	School	Finals
Finals		
1 Theo Mccallan	Glenburnie	3.90m
2 James Rodrigues	Welborne	3.54m
3 Isaac Aguilar	Maple	3.51m
4 Oliver Neff	Welborne	3.45m
5 Milo Geisel	Storrington	3.43m
6 Redwan Chowdhury	Molly Brant	3.32m
7 Nathan Hotte	Maple	3.28m
8 Emmett Dier	Maple	J3.19m
8 Oliver Mccallum	Storrington	J3.19m
10 Jacob Edgell Murphy	Welborne	3.14m
11 Connor Mccutcheon	Maple	3.11m
12 Mason Fleury	Maple	3.09m
12 Alex Parsons	Molly Brant	3.09m
12 Elliot Whitehorn-Gillam	Maple	3.09m
15 Myles Robertson	Molly Brant	3.06m
16 Brady Douglas	Welborne	3.00m
17 Jacob Moniz	Rideau Heigh	2.95m
18 Myles Mastin	Glenburnie	2.93m
19 Marlo Wilkes	Maple	2.92m
20 Nicholas Andrews	Maple	2.84m
21 Furaha Mnyangoma	Simcoe	2.72m
22 Nathan Sitoski	Molly Brant	2.68m
23 Mason Robson	Glenburnie	2.66m
24 Mason Oomen	Joyceville	2.60m
25 Brodie Young	Storrington	2.56m
26 Lane Clow	Joyceville	2.55m
27 Corbin Corneau	Rideau Heigh	2.48m
28 Josh Colby-Sparks	Rideau Heigh	2.45m
29 Roan Chirnside	Storrington	2.43m
30 Grayson Gervais	Glenburnie	2.07m
31 Ryker Coleman	Joyceville	2.04m
32 Rico Vieno	Rideau Heigh	1.86m

Boys Triple Jump Bantam

LESAA: 9.20m * 2011 Max Serruya

Name	School	Finals
Finals		
1 Owen Vickers	Maple	8.55m
2 James Rodrigues	Welborne	8.11m
3 Hudson Ireland	Storrington	7.90m
4 Parker Tilbrook	Maple	7.53m
5 Connor Mccutcheon	Maple	7.27m
6 Lane Murphy	Maple	7.22m
7 Oliver Mccallum	Storrington	7.02m

8 Milo Geisel	Storrington	6.99m
9 Max Chiasson	Maple	6.69m
10 Rahul Nair	Molly Brant	6.34m
11 Lennox Sturgis	Glenburnie	6.23m
12 Finley Pritchett	Maple	6.17m
13 Corbin Corneau	Rideau Heigh	6.03m
14 Eli Gaudreu	Maple	5.66m
15 Roan Chirnside	Storrington	5.39m
--- Lane Clow	Joyceville	DNF
--- Logan Dougherty	Glenburnie	DNF
--- Davis Hofer-Mcqueen	Maple	DNF

Boys 100 Meter Dash Senior

LESAA: 12.62 * 2004 Kyle Lacasse

Name	School	Prelims
Preliminaries		
1 Callum Pardy	LaSalle	13.12Q
2 Henry Cutt	Joyceville	13.48Q
3 Roran Crane	Simcoe	13.76Q
4 Zane Reid	LaSalle	13.25Q
5 Jac Chusroskie	LaSalle	13.61Q
6 Damen White	Welborne	13.84Q
7 Avery Paquet	Amherstview	13.41q
8 Isaiah Brooks	Molly Brant	13.83q
9 Sam Jin	Welborne	14.04
10 Brayden Gowdy	Rideau Heigh	14.07
11 Griffin Scott	LaSalle	14.28
12 Jarom Connors	Rideau Heigh	14.30
13 Rohan Fagan	Welborne	14.38
14 Hussein Juma Mdugi	Molly Brant	14.75
15 Kiley Salmon	Joyceville	15.03
16 Max Labarge	Amherstview	15.28
17 Matais Flores	Molly Brant	15.46
18 Ethan Sparks	Rideau Heigh	15.51
19 Mikey Martyn-Mackenzie	Amherstview	15.53
20 Quincy Byers	Simcoe	15.91
21 Ayden Gordon	Storrington	16.16
22 Dominic Blackett	Simcoe	16.52
23 Darren Boyd	Rideau Heigh	17.22

Boys 100 Meter Dash Senior

LESAA: 12.62 * 2004 Kyle Lacasse

Name	School	Finals
Finals		
1 Henry Cutt	Joyceville	13.66
2 Zane Reid	LaSalle	13.81
3 Jac Chusroskie	LaSalle	14.08
4 Callum Pardy	LaSalle	14.10
5 Avery Paquet	Amherstview	14.11
6 Damen White	Welborne	14.14
7 Isaiah Brooks	Molly Brant	14.15
8 Roran Crane	Simcoe	14.16

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Boys 200 Meter Dash Senior

LESAA: 25.69 * 2004		Kyle Lacasse	
Name		School	Prelims
Preliminaries			
1	Henry Cutt	Joyceville	26.93Q
2	Ibrahim Birch	Molly Brant	27.75Q
3	Avery Paquet	Amherstview	28.18Q
4	Callum Pardy	LaSalle	27.89Q
5	Lachlan Jackson	LaSalle	28.66Q
6	Urosh Mccaw	LaSalle	28.98Q
7	Griffin Scott	LaSalle	28.78q
8	Brayden Gowdy	Rideau Heigh	29.79q
9	Luca Kezis	Welborne	30.41
10	Bentley Babcock	Molly Brant	30.57
11	Emmett Poffley	Joyceville	32.01
12	Max Labarge	Amherstview	32.27
13	Weston Liebeck	Welborne	32.29
14	Bentley East	Amherstview	32.32
15	Mikey Martyn-Mackenzie	Amherstview	32.76
16	Avrey Gordon	Welborne	32.81
17	Ethan Sparks	Rideau Heigh	33.17
18	Quincy Byers	Simcoe	33.88
19	Abdullah Khan	Welborne	34.10
20	Matias Flores	Molly Brant	34.36
21	Owen Vanderlinde	Joyceville	34.42
22	Dominic Blackett	Simcoe	35.79
23	Darren Boyd	Rideau Heigh	37.97

Boys 200 Meter Dash Senior

LESAA: 25.69 * 2004		Kyle Lacasse	
Name		School	Finals
Finals			
1	Henry Cutt	Joyceville	27.39
2	Avery Paquet	Amherstview	27.91
3	Ibrahim Birch	Molly Brant	27.93
4	Callum Pardy	LaSalle	28.06
5	Lachlan Jackson	LaSalle	29.13
6	Urosh Mccaw	LaSalle	29.18
7	Griffin Scott	LaSalle	29.20
8	Brayden Gowdy	Rideau Heigh	31.28

Boys 400 Meter Dash Senior

LESAA: 58.14 * 2012		Cody Webb	
Name		School	Finals
Finals			
1	Henry Cutt	Joyceville	1:03.00
2	Callum Pardy	LaSalle	1:04.87
3	Lincoln Nourry	LaSalle	1:09.12
4	Mitchell Gray	Welborne	1:11.57
5	Bentley East	Amherstview	1:12.11
6	Brayden Lewis	LaSalle	1:13.44
7	Spencer Raymond	Welborne	1:13.88
8	Reid McClement	LaSalle	1:15.21
9	Quincy Byers	Simcoe	1:22.25
10	Ayden Gordon	Storrington	1:29.65

11	Jack Alarie	Rideau Heigh	1:31.17
----	-------------	--------------	---------

Boys 800 Meter Run Senior

LESAA: 2:23.48 * 2012		Liam Pederson	
Name		School	Finals
Finals			
1	Mitchell Gray	Welborne	2:45.59
2	Griffin Scott	LaSalle	2:46.02
3	Oliver Ovens	Welborne	2:50.58
4	Bentley Babcock	Molly Brant	2:51.87
5	Samuel Wernham	LaSalle	2:57.34
6	Buck Hitchen	Welborne	2:59.56
7	Spencer Raymond	Welborne	2:59.98
8	Gabe Moniz	Rideau Heigh	3:00.18
9	Omar Battal	Simcoe	3:18.27
10	Jack Alarie	Rideau Heigh	3:32.02
---	Joey Chartrand	Simcoe	DNF

Boys 1200 Meter Run Senior

LESAA: 4:13.31 * 2024-05-29 Kaiden Mckim-Rose			
Name		School	Finals
Finals			
1	Mitchell Gray	Welborne	4:27.67
2	Bentley Babcock	Molly Brant	4:39.71
3	Oliver Ovens	Welborne	4:46.35
4	Brayden Lewis	LaSalle	4:59.11
5	Buck Hitchen	Welborne	5:02.66
6	Cian Woogh Dunleavy	Welborne	5:08.78

Boys 4x100 Meter Relay Senior

LESAA: 52.12 * 2010		Wildcats
Team	Relay	Finals
Finals		
1	LaSalle	55.35
2	Molly Brant	56.44
3	Welborne	57.87
4	Joyceville	58.24
5	Rideau Heights	1:01.43
6	Simcoe	1:03.24

Boys High Jump Senior

LESAA: 1.45m * 2024-05-29		Ahmad El Doueik	
Name		School	Finals
Finals			
1	Isaiah Brooks	Molly Brant	1.58m*
2	Mac Kaupp	Joyceville	J1.40m
3	Angel Clement	Joyceville	J1.40m
4	Owen Vanderlinde	Joyceville	1.30m
5	Matias Flores	Molly Brant	J1.25m
6	Hussein Juma Mdugi	Molly Brant	J1.25m
---	Ibrahim Birch	Molly Brant	DNF

Boys Long Jump Senior

LESAA: 5.06m * 2009		Jacob Adamczyk	
Name		School	Finals
Finals			
1	Damen White	Welborne	4.52m

LESAA REGION 5 - 2026-06-01

CaraCo
Results

Finals ... (Boys Long Jump Senior)				13	Ethan Sparks	Rideau Heigh	6.44m
Name	School	Finals		14	Roran Crane	Simcoe	5.94m
2	Avery Paquet	Amherstview	4.41m	15	Darren Boyd	Rideau Heigh	5.59m
3	Ollie Cameron	Welborne	4.39m	16	Xander Williams	LaSalle	5.53m
4	Lachlan Jackson	LaSalle	J4.28m	17	Dom Dixon	LaSalle	5.47m
5	Urosh Mccaw	LaSalle	J4.28m	18	Charlie Labarge	Amherstview	5.42m
6	Quinton Cleary	Welborne	4.16m	19	Hunter Bethune	LaSalle	5.02m
7	Colton Douglas	Welborne	4.00m	20	Cameron Drew	Glenburnie	4.64m
8	Hussein Juma Mdugi	Molly Brant	3.79m				
9	Matias Flores	Molly Brant	3.77m				
10	Isaiah Brooks	Molly Brant	3.61m				
11	Noah Robertson	Joyceville	3.60m				
11	Emmett Poffley	Joyceville	3.60m				
13	Roran Crane	Simcoe	3.52m				
14	Jarom Connors	Rideau Heigh	3.47m				
15	Mac Kupp	Joyceville	3.40m				
16	Gabe Moniz	Rideau Heigh	3.39m				
17	Brayden Gowdy	Rideau Heigh	3.37m				
18	Jack Alarie	Rideau Heigh	3.20m				
19	Ayden Gordon	Storrington	3.17m				
20	Bentley East	Amherstview	3.08m				
21	Dominic Blackett	Simcoe	2.95m				
22	Joey Chartrand	Simcoe	2.92m				
23	Omar Battal	Simcoe	2.87m				

Boys Triple Jump Senior

LESAA: 10.53m * 2024-05-29 Jacob Bell

Name	School	Finals
Finals		
1	Reid Mcclement	LaSalle 9.60m
2	Ollie Cameron	Welborne 9.41m
3	Urosh Mccaw	LaSalle 9.33m
4	Quinton Cleary	Welborne 9.29m
5	Jac Chusroskie	LaSalle 9.14m
6	Lachlan Jackson	LaSalle 9.06m
7	Wesley Paterson	Welborne 8.06m
8	Lucas Galloway	Welborne 7.59m
8	Jackson Kenny	Joyceville 7.59m
10	Omar Battal	Simcoe 7.47m

Boys Shot Put Senior

LESAA: 11.53m * 2013 Reegan Comeau

Name	School	Finals
Finals		
1	Bentley Cornelius	Joyceville 10.54m
2	Noah Robertson	Joyceville 9.57m
3	Sam Jin	Welborne 8.99m
4	Jarom Connors	Rideau Heigh 8.39m
5	Ollie Cameron	Welborne 8.07m
6	Jackson Kenny	Joyceville 7.75m
7	Colton Lees	Joyceville 7.73m
8	Bentley Cameron	Molly Brant 7.72m
9	Clayton Cole	Welborne 7.71m
10	Mikey Martyn-Mackenzie	Amherstview 7.44m
11	Gabe Moniz	Rideau Heigh 6.70m
12	Joey Chartrand	Simcoe 6.59m