

LESAA REGION 3 - 2025-05-27
CaraCo
Records

Event 1 Boys 2000 Meter Run Senior	REGION 3	6:37.60	2019	Jordan Huddleston - Calvin Park
Event 2 Girls 2000 Meter Run Senior	REGION 3	6:57.15	2024-05-17	Eva Andreczyk - Calvin Park
Event 3 Boys 1200 Meter Run Bantam	REGION 3	4:09.38	2022-06-02	Kohen Morrison - J.R. Henders
Event 4 Girls 1200 Meter Run Bantam	REGION 3	4:01.55	2024-05-17	Julia Pennell - Polson Park
Event 5 Boys 1200 Meter Run Atom	REGION 3	4:22.72	2019	Harper Reid - Polson Park
Event 6 Girls 1200 Meter Run Atom	REGION 3	4:30.41	2022-06-02	Julia Pennell - Polson Park
Event 7 Boys 100 Meter Dash Senior	REGION 3	10.60	2023-05-29	Noah Heliopoulos - Calvin Park
Event 8 Girls 100 Meter Dash Senior	REGION 3	11.60	2023-05-29	Caitlyn Wimmer - Vanier
Event 9 Boys 100 Meter Dash Bantam	REGION 3	11.90	2023-05-29	Zach Griffin - Rideau
Event 10 Girls 100 Meter Dash Bantam	REGION 3	13.92	2023-05-29	Norah Grundy - J.R. Henders
Event 11 Boys 100 Meter Dash Atom	REGION 3	14.91	2004	Michael Suenaga - Rideau
Event 12 Girls 100 Meter Dash Atom	REGION 3	15.64	2005	Paige Ingram - Sydenham
Event 13 Boys 400 Meter Dash Senior	REGION 3	57.58	2022-06-02	Ethan Fields - Calvin Park
Event 14 Girls 400 Meter Dash Senior	REGION 3	1:00.84	2025-05-27	Hana Rowberry - Vanier
Event 15 Boys 400 Meter Dash Bantam	REGION 3	1:06.60	2023-05-29	Logan James - Polson Park
Event 16 Girls 400 Meter Dash Bantam	REGION 3	1:04.32	2014	Anna Workman - Polson Park
Event 17 Boys 400 Meter Dash Atom	REGION 3	1:13.62	2018	Ramzy Abdul-Alim - J.R. Henders
Event 18 Girls 400 Meter Dash Atom	REGION 3	1:15.64	2012	Anna Workman - Polson Park
Event 19 Boys 200 Meter Dash Senior	REGION 3	25.46	2024-05-17	Warren Cook - Vanier
Event 20 Girls 200 Meter Dash Senior	REGION 3	27.97	2023-05-29	Caitlyn Wimmer - Vanier
Event 21 Boys 200 Meter Dash Bantam	REGION 3	28.55	2004	Kevin Sarceno - Centennial
Event 22 Girls 200 Meter Dash Bantam	REGION 3	29.32	2004	Shade Makine - Henderson
Event 23 Boys 200 Meter Dash Atom	REGION 3	32.10	2002	Justin Echols - Henderson

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Event 24	Girls 200 Meter Dash Atom				
	REGION 3	33.61	2024-05-17	Sloane Morrison - J.R. Henders	
Event 25	Boys 800 Meter Run Senior				
	REGION 3	2:17.80	2004	Josh George - Henderson	
Event 26	Girls 800 Meter Run Senior				
	REGION 3	2:27.18	2024-05-17	Eva Andrecyk - Calvin Park	
Event 27	Boys 800 Meter Run Bantam				
	REGION 3	2:35.98	2025-05-27	Jake Archibald - Polson Park	
Event 28	Girls 800 Meter Run Bantam				
	REGION 3	2:37.66	2024-05-17	Julia Pennell - Polson Park	
Event 29	Boys 800 Meter Run Atom				
	REGION 3	2:46.74	2018	Luca Paterson - Centennial	
Event 30	Girls 800 Meter Run Atom				
	REGION 3	2:53.45	2022-06-02	Julia Pennell - Polson Park	
Event 31	Boys 1200 Meter Run Senior				
	REGION 3	3:50.30	2019	Jordan Huddleston - Calvin Park	
Event 32	Girls 1200 Meter Run Senior				
	REGION 3	3:58.08	2022-06-02	Athena Andrecyk - Calvin Park	
Event 33	Boys 4x100 Meter Relay Senior				
	REGION 3	50.47	2010	Comets - Calvin Park	
Event 34	Girls 4x100 Meter Relay Senior				
	REGION 3	55.25	2025-05-27	Vanier - Vanier	
Event 35	Boys 4x100 Meter Relay Bantam				
	REGION 3	59.99	2023-05-29	Winston Churchill - Winston Chur	
Event 36	Girls 4x100 Meter Relay Bantam				
	REGION 3	1:00.66	2024-05-17	Polson Park - Polson Park	
Event 37	Boys 4x100 Meter Relay Atom				
	REGION 3	1:04.25	2023-05-29	Winston Churchill - Winston Chur	
Event 38	Girls 4x100 Meter Relay Atom				
	REGION 3	1:04.48	2019	Polson Park - Polson Park	
Event 40	Boys High Jump Senior				
	REGION 3	1.67m	2023-05-29	Liam Heiden - Calvin Park	
Event 41	Girls High Jump Senior				
	REGION 3	1.54m	2018	Siyerra Vandewal - Vanier	
Event 42	Boys High Jump Bantam				
	REGION 3	1.47m	2023-05-29	Levi Paterson - Centennial	
Event 43	Girls High Jump Bantam				
	REGION 3	1.32m	2009	Hilary Ridgeway - Henderson	
Event 44	Boys High Jump Atom				
	REGION 3	1.23m	2004	Zack Fedora - Lord Strathcona	
Event 45	Girls High Jump Atom				
	REGION 3	1.15m	2025-05-27	Emerson Southall - Rideau	
	REGION 3	1.15m	2018	Rachel Kolosov - Winston Churchill	
Event 46	Boys Long Jump Senior				
	REGION 3	5.24m	2022	Ben Joannette - Vanier	

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Event 47	Girls Long Jump Senior				
	REGION 3	4.67m	2023-05-29	Caitlyn Wimmer - Vanier	
Event 48	Boys Long Jump Bantam				
	REGION 3	4.67m	2012	Jake Adair - Henderson	
Event 49	Girls Long Jump Bantam				
	REGION 3	3.99m	2011	Amanda Black - Winston Churchill	
Event 50	Boys Long Jump Atom				
	REGION 3	3.99m	2012	Nickolas Adair - Henderson	
Event 51	Girls Long Jump Atom				
	REGION 3	3.44m	2019	Caitlyn Wimmer - Polson Park	
Event 52	Boys Triple Jump Senior				
	REGION 3	11.37m	2023-05-29	Luqmaan Brewster - Calvin Park	
Event 53	Girls Triple Jump Senior				
	REGION 3	10.24m	2019	Jessica Lui - Calvin Park	
Event 54	Boys Triple Jump Bantam				
	REGION 3	9.34m	2018	Max Sotiraidis - Winston Chur	
Event 55	Girls Triple Jump Bantam				
	REGION 3	8.68m	2023-05-29	Grace Joannette - Polson Park	
Event 56	Boys Triple Jump Atom				
	REGION 3	8.40m	2023-05-29	Hubert Dumont - Winston Chur	
Event 57	Girls Triple Jump Atom				
	REGION 3	7.81m	2011	Isabelle Jodion - Henderson	
Event 58	Boys Shot Put Senior				
	REGION 3	12.80m	2005	Johpiel Sarkodie - Vanier	
Event 59	Girls Shot Put Senior				
	REGION 3	10.89m	2019	Jessie Dean - Calvin Park	