

LESAA REGION 3 - 2026-06-04

CaraCo
Results

Girls 100 Meter Dash Atom			
LESAA:		15.64 * 2005	
Paige Ingram			
Name	School	Prelims	
Preliminaries			
1	Audrey Henson	Rideau	16.31Q
2	Anna Ryding	Centennial	16.44Q
3	Heidi Sauerbrei	Polson Park	16.75Q
4	Addison Mckee	Polson Park	17.38Q
5	Grace Burleigh	Winston Chur	16.42q
6	Claire Gillies	Sydenham	16.51q
7	Audrey Smith	J.R. Henders	16.86q
8	Noa Wheeler	Rideau	16.93q
9	Winnie Mclarty	Polson Park	16.97
10	Pia Padmos	Winston Chur	17.10
11	Nova Mcallister	Central	17.11
12	Evelyn Ireland	Rideau	17.14
13	Scarlett Lee	Winston Chur	17.61
14	Ghazal Al Sahou	Lord Strathc	17.64
15	Mira Sidhu	Winston Chur	17.65
16	Emmi Franz	Sydenham	17.75
17	Frankie Andretta-Simpson	Polson Park	17.79
18	Isabel Washburn	Sydenham	17.87
19	Lily Dowie	Rideau	17.90
20	Vera Coady	J.R. Henders	18.03
21	Isla Taheri	Sydenham	18.05
22	Violet Munn	Central	18.07
23	Edynn Oosterhof	J.R. Henders	18.16
24	Olive Mccue	Centennial	18.18
25	Maria Lopez-Escamilla	Central	18.38
26	Vallolet Guerrero Ramos	Lord Strathc	18.44
27	Violette Arbina	Lord Strathc	18.56
28	Alexa Berry	J.R. Henders	18.77
29	Natasha Jeziorski	Centennial	19.73
30	Raelynn Crawford	Central	19.93
31	Zeynep Tuluk	Centennial	20.51

Girls 100 Meter Dash Atom			
LESAA:		15.64 * 2005	
Paige Ingram			
Name	School	Finals	
Finals			
1	Audrey Smith	J.R. Henders	17.03
2	Anna Ryding	Centennial	17.07
3	Claire Gillies	Sydenham	17.11
4	Grace Burleigh	Winston Chur	17.20
5	Audrey Henson	Rideau	17.22
6	Heidi Sauerbrei	Polson Park	17.23
7	Noa Wheeler	Rideau	17.27
8	Addison Mckee	Polson Park	17.33

Girls 200 Meter Dash Atom			
LESAA:		33.61 * 2024-05-17	
Sloane Morrison			
Name	School	Prelims	
Preliminaries			
1	Anna Ryding	Centennial	34.69Q
2	Grace Burleigh	Winston Chur	35.16Q

3	Heidi Sauerbrei	Polson Park	36.35Q
4	Noa Wheeler	Rideau	37.36Q
5	Audrey Henson	Rideau	34.85q
6	Audrey Smith	J.R. Henders	36.58q
7	Evelyn Ireland	Rideau	37.27q
8	Claire Gillies	Sydenham	37.58q
9	Addison Mckee	Polson Park	37.81
10	Jaina Hanna	Winston Chur	37.83
11	Esther Downey	Centennial	38.14
12	Isabel Washburn	Sydenham	38.67
13	Rachael Sbrega	J.R. Henders	38.67
14	Lily Dowie	Rideau	38.90
15	Emmi Franz	Sydenham	39.17
16	Violette Arbina	Lord Strathc	39.30
17	Edynn Oosterhof	J.R. Henders	39.46
18	Janaki Phadke	Winston Chur	39.83
19	Hattie Koenig-Hall	Central	40.81
20	Ali Pascual	Polson Park	40.86
21	Isabelle Bruce	J.R. Henders	41.02
22	Vallolet Guerrero Ramos	Lord Strathc	41.49
23	Hazel Butler	Winston Chur	41.92
24	Charlotte Buss	Polson Park	42.01
25	Vlada Voloshyna	Sydenham	42.31
26	Tegwen Cunningham	Centennial	43.60
27	Abby Pike	Centennial	43.87
28	Nina Babich	Lord Strathc	45.74
Girls 200 Meter Dash Atom			
LESAA:		33.61 * 2024-05-17	Sloane Morrison
Name		School	Finals
Finals			
1	Anna Ryding	Centennial	35.40
2	Audrey Henson	Rideau	35.78
3	Grace Burleigh	Winston Chur	36.03
4	Heidi Sauerbrei	Polson Park	36.08
5	Audrey Smith	J.R. Henders	36.47
6	Claire Gillies	Sydenham	36.70
7	Evelyn Ireland	Rideau	37.16
8	Noa Wheeler	Rideau	37.22
Girls 400 Meter Dash Atom			
LESAA:		1:15.64 * 2012	Anna Workman
Name		School	Finals
Finals			
1	Ruby Scott	J.R. Henders	1:21.62
2	Sarah Campbell	Rideau	1:25.92
3	Winnie Mclarty	Polson Park	1:26.95
4	Ghazal Al Sahou	Lord Strathc	1:28.46
5	Shea Macmillan	Rideau	1:29.86
6	Olive Mccue	Centennial	1:30.31
7	Kara Chhay	J.R. Henders	1:31.45
8	Georgia Howes	Centennial	1:32.05
9	Soleil Watson	Lord Strathc	1:32.23
10	Sawyer Terris	Rideau	1:32.83
11	Addison Mckee	Polson Park	1:34.82
12	Abby Pike	Centennial	1:35.24

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Finals ... (Girls 400 Meter Dash Atom)

	Name	School	Finals
13	Charlotte Buss	Polson Park	1:35.65
14	Claire Dewolfe	J.R. Henders	1:35.89
15	Hazel Butler	Winston Chur	1:36.84
16	Victoria Vega Ledesma	Winston Chur	1:36.89
17	Nora Mcphedran	Winston Chur	1:37.70
18	Jazlyn Walia	J.R. Henders	1:39.53
19	Laila Al Hussein	Centennial	1:39.83
20	Safaa Aljasem	Lord Strathc	1:40.05
21	Ellie Armstrong	Rideau	1:40.32
22	Nina Babich	Lord Strathc	1:40.65
23	River Munroe-Stevens	Polson Park	1:41.69

Girls 800 Meter Run Atom

LESAA: 2:53.45 * 2022-06-02 Julia Pennell

	Name	School	Finals
Finals			
1	Brielle Houston	J.R. Henders	3:23.07
2	Claire Dewolfe	J.R. Henders	3:23.29
3	Soleil Watson	Lord Strathc	3:24.28
4	Nora Mcphedran	Winston Chur	3:29.58
5	Shea Macmillan	Rideau	3:30.09
6	Janaki Phadke	Winston Chur	3:30.81
7	Alexis Goulet	Rideau	3:37.10
8	Hadley Tulkan	Centennial	3:40.01
9	Terra Williams	Polson Park	3:40.04
10	Harper Lewis	J.R. Henders	3:42.76
11	Hattie Koenig-Hall	Central	3:45.41
12	Bella Miranda	Polson Park	3:47.78
13	Victoria Vega Ledesma	Winston Chur	3:49.46
14	Mutahira Hassanzada	Lord Strathc	3:51.19
15	Jazlyn Walia	J.R. Henders	3:51.75
16	Izzy Darch	Central	3:51.90
17	Tess Howard	Winston Chur	3:52.75
18	Vallolet Guerrero Ramos	Lord Strathc	3:53.40
19	Safaa Aljasem	Lord Strathc	4:04.46
20	Farrah Daigneau	Rideau	4:04.50
21	Charlotte Buss	Polson Park	4:11.63
22	Lily Rondeau	Rideau	4:14.31
23	Nora Maxwell	Centennial	4:14.90
24	Vika Yaroslavskaya	Central	4:17.46
25	Blake Penrose	Polson Park	4:21.18
26	Sera Joyal	Centennial	4:24.09
27	Eliza Quintero	Centennial	4:29.56

Girls 1200 Meter Run Atom

LESAA: 4:30.41 * 2022-06-02 Julia Pennell

	Name	School	Finals
Finals			
1	Ruby Scott	J.R. Henders	4:45.66
2	Brielle Houston	J.R. Henders	5:11.49
3	Soleil Watson	Lord Strathc	5:17.14
4	Emmerson Wilcock	Rideau	5:24.05
5	Violet Munn	Central	5:24.81
6	Esther Downey	Centennial	5:25.63

7	Alexis Goulet	Rideau	5:26.56
8	Nora Mcphedran	Winston Chur	5:27.21
9	Janaki Phadke	Winston Chur	5:33.39
10	Maria Lopez-Escamilla	Central	5:36.54
11	Terra Williams	Polson Park	5:40.46
12	Hadley Tulkan	Centennial	5:42.84
13	Abby Pike	Centennial	5:46.38
14	Bella Miranda	Polson Park	5:49.41
15	Tess Howard	Winston Chur	5:49.42
16	Lily Rondeau	Rideau	5:59.00
17	Farrah Daigneau	Rideau	6:03.40
18	Mutahira Hassanzada	Lord Strathc	6:09.34
19	Blake Penrose	Polson Park	6:11.56
20	Nina Babich	Lord Strathc	6:14.83
21	Eleanor Gauthier	J.R. Henders	6:21.26
22	Clara Birkin	Polson Park	6:35.17
23	Julianna Duarte	Winston Chur	6:44.91

Girls 4x100 Meter Relay Atom

LESAA: 1:04.48 * 2019 Polson Park

Team	Relay	Finals
Finals		
1	Sydenham	1:09.50
2	Winston Churchill	1:10.18
3	Polson Park	1:10.30
4	J.R. Henderson	1:11.09
5	Rideau	1:11.14
6	Lord Strathcona	1:15.37
7	Centennial	1:15.89
8	Central	1:22.01

Girls High Jump Atom

LESAA: 1.15m * 2025-05-27 Emerson Southall

Name	School	Finals
Finals		
1	Pia Padmos	Winston Chur 1.10m
2	Noa Wheeler	Rideau J1.05m
3	Olivia Bourke	Winston Chur J1.05m
4	Scarlett Lee	Winston Chur J1.00m
4	Mira Sidhu	Winston Chur J1.00m
6	Violet Burley	Centennial J0.95m
6	Nyra Dhawan	Centennial J0.95m
---	Madison Mcmillan	Centennial NH

Girls Long Jump Atom

LESAA: 3.44m * 2019 Caitlyn Wimmer

Name	School	Finals
Finals		
1	Pia Padmos	Winston Chur 3.22m
2	Anna Ryding	Centennial 3.11m
3	Ellie Kirby	J.R. Henders 2.81m
4	Olivia Bourke	Winston Chur 2.76m
5	Mira Sidhu	Winston Chur 2.73m
6	Carmen Trimmer-Segura	Central 2.62m
7	Ghazal Al Sahou	Lord Strathc 2.61m
8	Violeta Oporto	Centennial 2.46m

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Finals ... (Girls Long Jump Atom)			
Name		School	Finals
9	Teska Hulton	Rideau	2.42m
10	Isabelle Bruce	J.R. Henders	2.41m
11	Norah Fitzpatrick	J.R. Henders	2.39m
12	Ali Pascual	Polson Park	2.37m
12	Arina Kudina	Lord Strathc	2.37m
14	Haley Beatty	Rideau	2.36m
15	Laila Al Hussein	Centennial	2.31m
16	Heidi Sauerbrei	Polson Park	2.30m
16	Hazel Butler	Winston Chur	2.30m
18	Isobel Child-Lefebvre	Rideau	2.27m
19	Jax Goodwin	Rideau	2.26m
20	Chelsea Mowat	J.R. Henders	2.17m
21	Esther Downey	Centennial	2.12m
21	Violet Munn	Central	2.12m
23	Emmi Franz	Sydenham	2.02m
24	Frankie Andretta-Simpson	Polson Park	1.87m
25	Charlotte Mccoubrey	Polson Park	1.83m
26	Nova Mcallister	Central	1.75m
27	Violette Arbina	Lord Strathc	1.71m
28	Mutahira Hassanzada	Lord Strathc	1.65m
---	Vienna Jelinski	Central	ND

Girls Triple Jump Atom			
LESAA: 7.81m * 2011		Isabelle Jodion	
Name		School	Finals
Finals			
1	Winnie Mclarty	Polson Park	7.00m
2	Grace Burleigh	Winston Chur	6.59m
3	Shea Macmillan	Rideau	6.03m
4	Olivia Bourke	Winston Chur	6.00m
5	Scarlett Lee	Winston Chur	5.99m
6	Vera Coady	J.R. Henders	5.92m
7	Bella Miranda	Polson Park	5.90m
8	Maddie Blackett	Polson Park	5.79m
9	Arina Kudina	Lord Strathc	5.48m
10	Dorothy Nesbitt	J.R. Henders	5.45m
11	Miriam Perez	Rideau	5.38m
12	Harriet Ormiston	Polson Park	5.12m
13	Ruth Alkins	Rideau	4.91m
14	Addie Coote	J.R. Henders	4.86m
15	Teska Hulton	Rideau	4.84m
16	Julianna Duarte	Winston Chur	4.60m
17	Nora Maxwell	Centennial	4.50m
18	Julia Dales	J.R. Henders	4.44m
19	Violet Burley	Centennial	4.42m
20	Georgia Howes	Centennial	3.86m
---	Laila Al Hussein	Centennial	ND

Girls 100 Meter Dash Bantam			
LESAA: 13.92 * 2023-05-29		Norah Grundy	
Name		School	Prelims
Preliminaries			
1	Sloane Morrison	J.R. Henders	15.15Q
2	Alice Ludusan	Winston Chur	15.47Q

3	Dylynn Collier	J.R. Henders	15.59Q
4	Grace Clarke	J.R. Henders	15.66Q
5	Kennedy La Fleur	Sydenham	15.66q
6	Rosie Schukei	Central	15.74q
7	Presley Camirand	J.R. Henders	15.86q
8	Taleya Biwa	Polson Park	16.09q
9	Monarch Malinowski	Central	16.18
10	Everley Doucette	Rideau	16.19
11	Jayden Martell	Lord Strathc	16.19
12	Rooney Brown	Rideau	16.22
13	Hannah Degen	Rideau	16.23
14	Jamie Ramos	Centennial	16.49
15	Nicole Lavu	Lord Strathc	16.51
16	Abi Cadiz	Lord Strathc	16.58
17	Rowan Waddell	Polson Park	16.59
18	Sydney Southall	Polson Park	16.61
19	Cameron Connell	Central	16.61
20	Savannah Varrette	Polson Park	16.65
21	Yara Hamdan	Lord Strathc	16.75
22	Tuong Nguyen	Centennial	17.04
23	Iris Neil	Rideau	17.16
24	Harper Evans	Sydenham	17.35
25	Munyaka Dodo	Winston Chur	17.35
25	Felicity Kroeker	Sydenham	17.35
27	Leticia Martinez	Winston Chur	17.37
28	Norah Dempsey	Central	17.42
29	Frankie Harding	Sydenham	19.52
30	Aisha Anver	Centennial	20.42
31	Maria Saad Eddine	Centennial	20.95

Girls 100 Meter Dash Bantam			
LESAA: 13.92 * 2023-05-29		Norah Grundy	
Name		School	Finals
Finals			
1	Sloane Morrison	J.R. Henders	15.68
2	Kennedy La Fleur	Sydenham	15.96
3	Grace Clarke	J.R. Henders	16.16
4	Dylynn Collier	J.R. Henders	16.29
5	Presley Camirand	J.R. Henders	16.39
6	Rosie Schukei	Central	16.41
7	Alice Ludusan	Winston Chur	16.52
8	Taleya Biwa	Polson Park	17.01

Girls 200 Meter Dash Bantam			
LESAA: 29.32 * 2004		Shade Makine	
Name		School	Prelims
Preliminaries			
1	Sloane Morrison	J.R. Henders	31.42Q
2	Grace Clarke	J.R. Henders	32.76Q
3	Darian Elsley	J.R. Henders	33.47Q
4	Jayden Martell	Lord Strathc	33.66Q
5	Acacia Brash	J.R. Henders	34.03q
6	Millie Runions	Rideau	34.14q
7	Isla Adams	Polson Park	34.60q
8	Hannah Degen	Rideau	34.83q
9	Abi Cadiz	Lord Strathc	35.02

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Preliminaries ... (Girls 200 Meter Dash Bantam)			
Name	School	Prelims	
10 Hope Umuhoza	Polson Park	35.21	
11 Rafaela Duarte	Winston Chur	35.40	
12 Everley Doucette	Rideau	35.49	
13 Taleya Biwa	Polson Park	35.69	
14 Nicole Lavu	Lord Strathc	36.63	
15 Nevaeh Mcallister	Central	36.67	
16 Tuong Nguyen	Centennial	36.89	
17 Rosie Puckrin	Centennial	37.01	
18 Munyaka Dodo	Winston Chur	37.29	
19 Savannah Varrette	Polson Park	37.52	
20 Zoe Gallupe	Winston Chur	37.85	
21 Najah Alnajjar	Centennial	38.01	
22 Leticia Martinez	Winston Chur	38.02	
23 Sadie Galbraith	Central	38.05	
24 Felicity Kroecker	Sydenham	38.87	
25 Zahra Sultani	Lord Strathc	39.90	
26 Charlotte Jeziorski	Centennial	40.26	

Girls 200 Meter Dash Bantam

LESAA: 29.32 * 2004 Shade Makine			
Name	School	Finals	
Finals			
1 Sloane Morrison	J.R. Henders	31.81	
2 Isla Adams	Polson Park	32.85	
3 Grace Clarke	J.R. Henders	33.43	
4 Jayden Martell	Lord Strathc	33.94	
5 Acacia Brash	J.R. Henders	34.43	
6 Darian Elsley	J.R. Henders	34.46	
7 Hannah Degen	Rideau	34.82	
8 Millie Runions	Rideau	35.04	

Girls 400 Meter Dash Bantam

LESAA: 1:04.32 * 2014 Anna Workman			
Name	School	Finals	
Finals			
1 Sydney Harrison	J.R. Henders	1:11.85	
2 Isla Adams	Polson Park	1:12.57	
3 Avaya Cairns	Rideau	1:14.17	
4 Presley Camirand	J.R. Henders	1:14.88	
5 Jazmine Harrison	J.R. Henders	1:15.44	
6 Lottie O'Donnell	Winston Chur	1:16.82	
7 Leah Karton	Rideau	1:18.15	
8 Teddi White	J.R. Henders	1:19.92	
9 Remi Walker	Rideau	1:21.01	
10 Marie Smith	Rideau	1:21.16	
11 Estelle Oleschuk	Polson Park	1:21.18	
12 Sharon Wang	Polson Park	1:21.34	
13 Taleya Biwa	Polson Park	1:27.24	
14 Jasmine Nixon	Lord Strathc	1:28.67	
15 Heidi Green	Lord Strathc	1:28.79	
16 Zoe Gallupe	Winston Chur	1:29.02	
17 Lucy Richmond	Central	1:32.41	
18 Zahra Sultani	Lord Strathc	1:32.73	
19 Salome Alvarez	Central	1:32.74	

20 Najah Alnajjar	Centennial	1:34.51
21 Myleigh Groves	Centennial	1:38.57
22 Savannah Hooper	Centennial	1:39.34
23 Selina Wang	Sydenham	1:41.13
24 Mel Gale	Centennial	1:51.07
25 Kez Madrano	Winston Chur	1:56.99
--- Robyn Bale	Winston Chur	DQ

Girls 800 Meter Run Bantam

LESAA: 2:37.66 * 2024-05-17 Julia Pennell			
Name	School	Finals	
Finals			
1 Annabel Baron	Rideau	2:50.14	
2 Avaya Cairns	Rideau	2:50.22	
3 Jazmine Harrison	J.R. Henders	2:51.39	
4 Darian Elsley	J.R. Henders	2:55.11	
5 Remi Walker	Rideau	2:55.64	
6 Kyla Archibald	Polson Park	2:56.10	
7 Annie Kyte	Polson Park	2:58.77	
8 Lottie O'Donnell	Winston Chur	3:03.54	
9 Grace Clarke	J.R. Henders	3:04.63	
10 Robyn Bale	Winston Chur	3:07.78	
11 Elle Richard	J.R. Henders	3:08.09	
12 Estelle Oleschuk	Polson Park	3:14.82	
13 Abi Cadiz	Lord Strathc	3:19.48	
14 Sharon Wang	Polson Park	3:19.72	
15 Charlotte Koebel	Winston Chur	3:26.38	
16 Farrah Fielding	Rideau	3:30.58	
17 Asra Hassanzada	Lord Strathc	3:37.09	
18 Zahra Sultani	Lord Strathc	3:39.49	
19 Heidi Green	Lord Strathc	3:42.74	
20 Myleigh Groves	Centennial	3:44.64	
21 Rachana Gharti	Centennial	3:49.23	
22 Savannah Hooper	Centennial	3:53.63	
23 Isabella Schlor	Winston Chur	3:54.41	
24 Ella Gallagher	Centennial	3:57.62	
25 Emmeline Laan	Central	4:00.53	

Girls 1200 Meter Run Bantam

LESAA: 4:01.55 * 2024-05-17 Julia Pennell			
Name	School	Finals	
Finals			
1 Annabel Baron	Rideau	4:21.55	
2 Sydney Harrison	J.R. Henders	4:22.75	
3 Avaya Cairns	Rideau	4:25.05	
4 Jazmine Harrison	J.R. Henders	4:26.20	
5 Darian Elsley	J.R. Henders	4:30.47	
6 Kyla Archibald	Polson Park	4:32.60	
7 Annie Kyte	Polson Park	4:36.78	
8 Lottie O'Donnell	Winston Chur	4:41.88	
9 Estelle Oleschuk	Polson Park	4:42.80	
10 Teddi White	J.R. Henders	4:50.69	
11 Remi Walker	Rideau	4:57.22	
12 Lawrence Waddell	Polson Park	5:12.66	
13 Heidi Green	Lord Strathc	5:20.69	
14 Charlotte Koebel	Winston Chur	5:26.10	

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Finals ... (Girls 1200 Meter Run Bantam)

Name	School	Finals
15 Asra Hassanzada	Lord Strathc	5:48.22
16 Rosie Puckrin	Centennial	5:51.19
17 Charlotte Jeziorski	Centennial	5:52.02
18 Lucy Morin	Central	5:54.27
19 Imogen Darch	Central	6:18.38
20 Gisele Henry-Dorn	Winston Chur	6:31.88
--- Atika Hameed	Central	DNF
--- Morgan Laurie	Centennial	DNF

Girls 4x100 Meter Relay Bantam

LESAA: 1:00.66 * 2024-05-17 Polson Park

Team	Relay	Finals
Finals		
1 J.R. Henderson		1:01.49
2 Rideau		1:04.47
3 Polson Park		1:04.73
4 Lord Strathcona		1:04.99
5 Central		1:05.42
6 Winston Churchill		1:05.46
7 Centennial		1:09.60
8 Sydenham		1:09.76

Girls High Jump Bantam

LESAA: 1.32m * 2009 Hilary Ridgeway

Name	School	Finals
Finals		
1 Sari Bona	Rideau	1.30m
2 Alice Ludusan	Winston Chur	1.25m
3 Millie Runions	Rideau	1.20m
4 Anna Cianci	Rideau	J1.15m
5 Cecile Macduffie	Winston Chur	J1.15m
5 Emerson Southall	Rideau	J1.15m
7 Kennedy La Fleur	Sydenham	J1.10m
7 Harper Evans	Sydenham	J1.10m
9 Danna Escalante	Winston Chur	J1.10m
10 Charlotte Jeziorski	Centennial	J1.05m
10 Allie Turnnidge	Centennial	J1.05m
--- Cassidy Wilson	Central	NH
--- Hannah Deir	Winston Chur	NH
--- Scarlett Wilkinson	Centennial	NH
--- Sadie Gowdy	Centennial	NH

Girls Long Jump Bantam

LESAA: 3.99m * 2011 Amanda Black

Name	School	Finals
Finals		
1 Monarch Malinowski	Central	3.68m
2 Everley Doucette	Rideau	3.67m
3 Eva Furter	Polson Park	3.62m
4 Sophia Leahy	J.R. Henders	3.57m
5 Alice Ludusan	Winston Chur	3.47m
6 Mackenzie White	J.R. Henders	3.39m
7 Rosie Schukei	Central	3.36m
8 Nevaeh Mcallister	Central	3.16m

9 Jamie Ramos	Centennial	3.11m
10 Helen Okesola	J.R. Henders	3.07m
11 Dylonn Collier	J.R. Henders	3.02m
12 Robyn Bale	Winston Chur	2.98m
13 Yara Hamdan	Lord Strathc	2.95m
13 Annabel Baron	Rideau	2.95m
15 Sydney Southall	Polson Park	2.90m
15 Isla Adams	Polson Park	2.90m
17 Naomi Morrison	Polson Park	2.89m
18 Rafaela Duarte	Winston Chur	2.84m
19 Anna Cianci	Rideau	2.82m
20 Cassidy Wilson	Central	2.77m
21 Riley Purvis	Rideau	2.75m
22 Jasmine Nixon	Lord Strathc	2.58m
23 Leticia Martinez	Winston Chur	2.56m
23 Asra Hassanzada	Lord Strathc	2.56m
25 Harper Evans	Sydenham	2.42m
26 Felicity Kroeker	Sydenham	2.39m
27 Rosie Puckrin	Centennial	2.36m
28 Shahed Al Mousa	Centennial	2.02m
29 Kennedy La Fleur	Sydenham	2.01m
--- Malak Al Hussein	Centennial	ND
--- Melika Alizadeh	Lord Strathc	ND

Girls Triple Jump Bantam

LESAA: 8.68m * 2023-05-29 Grace Joannette

Name	School	Finals
Finals		
1 Dylonn Collier	J.R. Henders	7.74m
2 Norah Smith	J.R. Henders	J7.73m
3 Jayden Martell	Lord Strathc	J7.73m
4 Myah Mckenna	J.R. Henders	7.39m
5 Charlotte Coady	J.R. Henders	7.38m
6 Annie Kyte	Polson Park	7.36m
7 Eva Furter	Polson Park	7.23m
8 Kyla Archibald	Polson Park	7.22m
9 Zoe Gallupe	Winston Chur	7.11m
10 Naomi Morrison	Polson Park	6.99m
11 Leah Rondeau	Rideau	6.64m
12 Rosie Schukei	Central	6.60m
13 Cassidy Wilson	Central	6.50m
14 Rafaela Duarte	Winston Chur	6.17m
15 Lucy Richmond	Central	6.10m
16 Iris Neil	Rideau	6.08m
16 Ashley Henderson	Winston Chur	6.08m
18 Yara Hamdan	Lord Strathc	6.00m
19 Cecile Macduffie	Winston Chur	5.94m
20 Morgan Laurie	Centennial	5.71m
21 Delilah Reynolds	Centennial	4.92m
22 Ruth Tiffany	Centennial	4.74m
23 Kira Yaroslavska	Central	4.20m
--- Jasmine Nixon	Lord Strathc	ND
--- Twisha Appireddy	Rideau	ND
--- Melika Alizadeh	Lord Strathc	ND
--- Mel Gale	Centennial	ND
--- Rachael Morris Dakin	Rideau	ND

LESAA REGION 3 - 2026-06-04

CaraCo
Results

Girls 100 Meter Dash Senior

LESAA: 11.60 * 2023-05-29 Caitlyn Wimmer

Name	School	Prelims
Preliminaries		
1 Mikaela Fisher	Vanier	14.00Q
2 Addison Thomas	Calvin Park	14.35Q
3 Jocelyne Godbout	Calvin Park	14.90Q
4 Molly Cook	Vanier	15.15Q
5 Scarlett George	Vanier	14.73Q
6 Audrey Miners	Calvin Park	14.91Q
7 Elin Ma	Calvin Park	15.17Q
8 Maeve Spence	Calvin Park	14.82q
9 Evelyn Carter	Vanier	15.29
10 Benny Dash	Vanier	15.38
11 Jane Sheriff	Calvin Park	15.44
12 Lucy Kyte	Vanier	15.50
13 Meredith Bailey	Calvin Park	15.50
14 Anastasza Windover	Sydenham	15.51
15 Kahtia Keyes	J.R. Henders	15.60
15 Langley Mckay	Calvin Park	15.60
17 Saturn Flockton	Central	15.78
18 Isis Escamilla	Central	16.79
19 May Ibrahim	Sydenham	17.34
20 Samridhhi Chowdhury	Central	17.57
21 Alex Bridges	Central	17.81
22 Makynzi Doney	J.R. Henders	19.14

Girls 100 Meter Dash Senior

LESAA: 11.60 * 2023-05-29 Caitlyn Wimmer

Name	School	Finals
Finals		
1 Mikaela Fisher	Vanier	14.27
2 Addison Thomas	Calvin Park	14.72
3 Scarlett George	Vanier	14.88
4 Audrey Miners	Calvin Park	15.03
5 Jocelyne Godbout	Calvin Park	15.19
6 Maeve Spence	Calvin Park	15.38
7 Elin Ma	Calvin Park	15.60
8 Molly Cook	Vanier	15.72

Girls 200 Meter Dash Senior

LESAA: 27.97 * 2023-05-29 Caitlyn Wimmer

Name	School	Prelims
Preliminaries		
1 Mikaela Fisher	Vanier	29.82Q
2 Nana Yaa Obeng	Calvin Park	31.47Q
3 Maeve Mcdougall	Calvin Park	31.81Q
4 Addison Thomas	Calvin Park	30.83Q
5 Charlotte Birkas	Vanier	31.92Q
6 Molly Cook	Vanier	32.03Q
7 Jocelyne Godbout	Calvin Park	31.00q
8 Charlotte Hume	Vanier	32.10q
9 Meredith Bailey	Calvin Park	32.13
10 Maeve Spence	Calvin Park	32.22
11 Emma Hu	Calvin Park	32.94

12 Khadija Mikayil	Calvin Park	33.18
13 Kahtia Keyes	J.R. Henders	33.73
14 Madelyn Drake	Vanier	33.77
15 Violet Moreland-Vanvolkingu	Vanier	33.82
16 Makynzi Doney	J.R. Henders	43.45

Girls 200 Meter Dash Senior

LESAA: 27.97 * 2023-05-29 Caitlyn Wimmer

Name	School	Finals
Finals		
1 Mikaela Fisher	Vanier	29.60
2 Jocelyne Godbout	Calvin Park	31.09
3 Addison Thomas	Calvin Park	31.32
4 Nana Yaa Obeng	Calvin Park	31.53
5 Charlotte Birkas	Vanier	31.93
6 Maeve Mcdougall	Calvin Park	32.79
7 Molly Cook	Vanier	33.21
8 Charlotte Hume	Vanier	33.23

Girls 400 Meter Dash Senior

LESAA: 1:00.84 * 2025-05-27 Hana Rowberry

Name	School	Finals
Finals		
1 Charlotte Hume	Vanier	1:08.27
2 Kennedy Samways	Vanier	1:08.96
3 Addison Thomas	Calvin Park	1:09.62
4 Maeve Mcdougall	Calvin Park	1:10.38
5 Elise Lewis	Calvin Park	1:11.94
6 Nana Yaa Obeng	Calvin Park	1:12.37
7 Maya Gauthier	Vanier	1:12.44
8 Emma Hu	Calvin Park	1:12.96
9 Langley Mckay	Calvin Park	1:13.09
10 Anastasza Windover	Sydenham	1:14.56
11 Charlotte Laird	Calvin Park	1:16.72
12 Violet Moreland-Vanvolkingu	Vanier	1:16.89
13 Jane Sheriff	Calvin Park	1:18.64
14 May Ibrahim	Sydenham	1:31.46

Girls 800 Meter Run Senior

LESAA: 2:27.18 * 2024-05-17 Eva Andrecyk

Name	School	Finals
Finals		
1 Julia Pennell	Vanier	2:26.12*
2 Charlotte Hume	Vanier	2:43.50
3 Aniyah Bishop	Calvin Park	2:45.27
4 Jane Sheriff	Calvin Park	2:59.18
5 Kennedy Samways	Vanier	2:59.38
6 Keira Mcphedran	Calvin Park	3:11.64
7 Ally Xu	Calvin Park	3:14.68
8 Quinn Wellwood	Calvin Park	3:41.85
9 Jamie Woods	Calvin Park	4:23.89

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Results

Girls 1200 Meter Run Senior

LESAA: 3:58.08 * 2022-06-02 Athena Andrecyk

Name		School	Finals
Finals			
1	Julia Pennell	Vanier	3:59.41
2	Aniyah Bishop	Calvin Park	4:34.65
3	June Whelan	Vanier	4:41.17
4	Maya Gauthier	Vanier	4:49.21
5	Julia Wood	Calvin Park	5:10.80
6	Quinn Sisson	Calvin Park	5:22.89
7	Ally Xu	Calvin Park	5:42.21
8	Quinn Wellwood	Calvin Park	6:05.65

Girls 2000 Meter Run Senior

LESAA: 6:57.15 * 2024-05-17 Eva Andrecyk

Name		School	Finals
Finals			
1	Scarlett George	Vanier	7:49.18
2	Aniyah Bishop	Calvin Park	7:49.93
3	June Whelan	Vanier	7:57.55
4	Maya Gauthier	Vanier	8:21.65
5	Maya Thakrar	Calvin Park	10:14.26

Girls 4x100 Meter Relay Senior

LESAA: 55.25 * 2025-05-27 Vanier

Team		Relay	Finals
Finals			
1	Vanier		57.43
2	Calvin Park		1:00.14
3	J.R. Henderson		1:06.08

Girls High Jump Senior

LESAA: 1.54m * 2018 Siyerra Vandewal

Name		School	Finals
Finals			
1	Lucy Eastabrook	Vanier	1.37m
2	Anastasia Windover	Sydenham	1.30m
3	Lucy Kyte	Vanier	1.25m
4	Charlie Dee	Vanier	J1.15m
5	Ellery Sullivan	Vanier	J1.15m
---	Eloise Bergeron	Calvin Park	NH

Girls Long Jump Senior

LESAA: 4.67m * 2023-05-29 Caitlyn Wimmer

Name		School	Finals
Finals			
1	Scarlett George	Vanier	J3.95m
2	Benny Dash	Vanier	J3.95m
3	Rebecca Exham	Vanier	3.78m
4	Elin Ma	Calvin Park	3.76m
5	Charlotte Laird	Calvin Park	3.67m
6	Samaya Singh-Wilson	Vanier	3.66m
7	Kahtia Keyes	J.R. Henders	3.64m
8	Miriam Reed	Vanier	3.50m
9	Erin Zhu	Calvin Park	3.44m
10	Ruby Gunn	Vanier	3.38m

11	Anna Hilton	Calvin Park	3.24m
12	Khadija Mikayil	Calvin Park	3.06m
13	Ayaana Malik	Calvin Park	2.89m
13	Elizabeth Day	Calvin Park	2.89m
15	Samriddhi Chowdhury	Central	2.30m
---	Parker Thompson	J.R. Henders	ND
---	Eloise Bergeron	Calvin Park	ND
---	Laura Silverio Sponchiado	J.R. Henders	ND
---	Kylie Nemo	J.R. Henders	ND

Girls Triple Jump Senior

LESAA: 10.24m * 2019 Jessica Lui

Name		School	Finals
Finals			
1	Julia Pennell	Vanier	9.40m
2	Jocelyne Godbout	Calvin Park	8.92m
3	Elin Ma	Calvin Park	8.36m
4	Miriam Reed	Vanier	8.12m
5	Lucy Eastabrook	Vanier	8.00m
6	Lucy Kyte	Vanier	7.94m
7	Abby Goolsby	Calvin Park	7.91m
8	Anna Ley	Vanier	7.90m
9	Elise Lewis	Calvin Park	7.75m
10	Langley Mckay	Calvin Park	7.73m
11	Quinn Freeman	Calvin Park	7.53m
12	Elvira Kit	Calvin Park	7.49m
13	Ruby Gillis	Calvin Park	6.99m
---	Samriddhi Chowdhury	Central	ND
---	Rebecca Exham	Vanier	ND

Girls Shot Put Senior

LESAA: 10.89m * 2019 Jessie Dean

Name		School	Finals
Finals			
1	Abby Goolsby	Calvin Park	8.18m
2	Grace Wright	Calvin Park	7.90m
3	Alivia Campbell	Vanier	7.89m
4	Elise Lewis	Calvin Park	7.88m
5	Sloane Macdonell	Vanier	7.70m
6	Evelyn Carter	Vanier	7.45m
7	Molly Cook	Vanier	7.07m
8	Quinn Wellwood	Calvin Park	6.77m
9	Stella Boussougou	Vanier	6.42m
10	Olive Murdock	Calvin Park	6.26m
11	Sadie Blackett	Calvin Park	6.08m
12	Lilith Burns-Murphy	Sydenham	5.56m
13	Audrey Grant	Calvin Park	5.26m
---	May Ibrahim	Sydenham	ND
---	Areej Ghassel	Vanier	ND

Boys 100 Meter Dash Atom

LESAA: 14.91 * 2004 Michael Suenaga

Name		School	Prelims
Preliminaries			
1	Isaac Beyea	Winston Chur	15.35Q
2	Gabe Uzoaba	Sydenham	15.62Q

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Preliminaries ... (Boys 100 Meter Dash Atom)			
Name		School	Prelims
3	Nico Perosin	Polson Park	15.95Q
4	Owen Harris	Polson Park	16.32Q
5	Owen Murphy	J.R. Henders	16.18q
6	Nathaniel Mafusire	Winston Chur	16.52q
7	Cooper Adams	Polson Park	16.53q
8	Remi Shepherd	Rideau	16.59q
9	Joel Steele	Rideau	16.78
10	Zephyr Thompson	Central	16.80
11	Madden Moore	J.R. Henders	16.94
12	Tyson Gibson	Polson Park	17.14
13	George Watering	Central	17.14
14	Simeon Stinson	Rideau	17.39
15	Cedric Law	Central	17.42
16	Hazim Ghnim	Centennial	17.47
17	Matt Young	J.R. Henders	17.50
18	Jack Walsh	J.R. Henders	17.51
19	Elliot Deir	Winston Chur	17.51
20	Mark Varyvoda	Centennial	17.63
21	Abdallah Al Homs	Lord Strathc	17.67
22	Declan Langley	Winston Chur	17.86
23	Kai Thompson	Central	17.89
24	Ahmed Abo Senab	Lord Strathc	18.67
25	Rupert Lussier-Purdy	Rideau	18.78
26	Grayson Desjardins	Centennial	18.81
27	Etka Yildirim	Lord Strathc	18.90
28	Jamike Mahloane	Sydenham	19.08
29	Hamoda Al Jalam	Lord Strathc	20.08
30	George Robson	Sydenham	20.67
31	Jon Novak	Centennial	20.67

Boys 100 Meter Dash Atom			
LESAA: 14.91 * 2004		Michael Suenaga	
Name		School	Finals
Finals			
1	Gabe Uzoaba	Sydenham	16.16
2	Isaac Beyea	Winston Chur	16.36
3	Nico Perosin	Polson Park	16.84
4	Owen Murphy	J.R. Henders	16.92
5	Remi Shepherd	Rideau	17.06
6	Owen Harris	Polson Park	17.18
7	Nathaniel Mafusire	Winston Chur	17.29
8	Cooper Adams	Polson Park	17.35

Boys 200 Meter Dash Atom			
LESAA: 32.10 * 2002		Justin Echols	
Name		School	Prelims
Preliminaries			
1	Nico Perosin	Polson Park	34.25Q
2	Ayomi Babalola	Centennial	34.37Q
3	Owen Harris	Polson Park	34.64Q
4	Tyson Gibson	Polson Park	35.94Q
5	Owen Murphy	J.R. Henders	35.04q
6	Cooper Adams	Polson Park	35.59q
7	Nathaniel Mafusire	Winston Chur	36.00q

8	Isaac Beyea	Winston Chur	36.04q
9	Joel Steele	Rideau	36.07
10	Finn Gall	J.R. Henders	36.48
11	Sam Emm	Central	36.69
12	Lawson Stewart	J.R. Henders	37.10
13	Nash Jackson	J.R. Henders	37.19
14	George Southall	Rideau	37.40
15	Forrest Hillbourn	Central	37.61
16	Mark Varyvoda	Centennial	38.20
17	Jackson Bryant	Rideau	38.51
18	Rupert Lussier-Purdy	Rideau	38.67
19	Elijah Nkurunziza	Central	39.61
20	Etka Yildirim	Lord Strathc	39.63
21	Lachlan Hawes	Central	39.63
22	Lior Vasserman	Centennial	39.66
23	Evan Murray	Winston Chur	39.72
24	Frederick Mallen	Lord Strathc	41.70
25	Youssef Alnajjar	Centennial	43.21
26	Ahmed Abo Senab	Lord Strathc	43.72
27	Naif Alshahrani	Winston Chur	45.19

Boys 200 Meter Dash Atom			
LESAA: 32.10 * 2002		Justin Echols	
Name		School	Finals
Finals			
1	Isaac Beyea	Winston Chur	33.71
2	Ayomi Babalola	Centennial	33.92
3	Nico Perosin	Polson Park	34.63
4	Owen Murphy	J.R. Henders	34.66
5	Cooper Adams	Polson Park	34.82
6	Owen Harris	Polson Park	34.83
7	Nathaniel Mafusire	Winston Chur	36.09
8	Tyson Gibson	Polson Park	36.58

Boys 400 Meter Dash Atom			
LESAA: 1:13.62 * 2018		Ramzy Abdul-Alim	
Name		School	Finals
Finals			
1	Owen Harris	Polson Park	1:18.83
2	Ayomi Babalola	Centennial	1:19.16
3	Nathaniel Mafusire	Winston Chur	1:19.91
4	Nico Perosin	Polson Park	1:20.46
5	Tyden Brash	J.R. Henders	1:20.56
6	Wally King	Winston Chur	1:21.15
7	Gabe Uzoaba	Sydenham	1:21.53
8	Edison Valberg	Polson Park	1:21.54
9	Theodore Scanlan	J.R. Henders	1:21.92
10	Hazim Ghnim	Centennial	1:22.32
11	Cedric Law	Central	1:22.54
12	Sam Emm	Central	1:22.88
13	Cohen Gillott	Polson Park	1:23.95
14	Harvey Feeley	Rideau	1:24.72
15	Michael Smith	Rideau	1:25.16
16	Russell Ewart	J.R. Henders	1:25.32
17	Jackson Bryant	Rideau	1:27.57
18	Douglas Casterton	J.R. Henders	1:28.56

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Finals ... (Boys 400 Meter Dash Atom)

Name		School	Finals
19	Elijah Nkurunziza	Central	1:28.78
20	Auden James	Central	1:29.19
21	Kaden Shaw	Centennial	1:29.51
22	Findley Thomson	Rideau	1:31.08
23	Declan Langley	Winston Chur	1:31.84
24	Daniel Nasir-Zadeh	Winston Chur	1:31.89
25	Grayson Desjardins	Centennial	1:33.43
26	Ulysse Papa Techera	Sydenham	1:34.33
27	Ethan Tuttle	Lord Strathc	1:36.20
28	Vladimir Cadiz	Lord Strathc	1:37.08
29	Frederick Mallen	Lord Strathc	1:40.18
30	Jamike Mahloane	Sydenham	1:41.49

Boys 800 Meter Run Atom

LESAA: 2:46.74 * 2018 Luca Paterson

Name		School	Finals
Finals			
1	Arthur Carnegie	Rideau	2:58.19
2	Tyden Brash	J.R. Henders	2:58.47
3	Joel Steele	Rideau	2:59.43
4	Michael Smith	Rideau	3:04.82
5	Sam Sumbler	Polson Park	3:07.39
6	Russell Ewart	J.R. Henders	3:08.82
7	Abdallah Al Homs	Lord Strathc	3:10.69
8	Theodore Scanlan	J.R. Henders	3:11.61
9	Simeon Stinson	Rideau	3:12.41
10	Edison Cahill	Winston Chur	3:13.06
11	Cole Garvin	Polson Park	3:16.83
12	Parker Glackin	Polson Park	3:18.47
13	Douglas Casterton	J.R. Henders	3:22.22
14	Hazim Ghnim	Centennial	3:22.97
15	Eli Nasir-Zadeh	Winston Chur	3:24.14
16	Zephyr Thompson	Central	3:24.15
17	Ian Irakoze	Winston Chur	3:30.19
18	Ethan Tuttle	Lord Strathc	3:30.92
19	Mats Hufnagel	Lord Strathc	3:31.72
20	Lior Vasserman	Centennial	3:33.83
21	Lachlan Hawes	Central	3:39.92
22	Ferric Fraser	Central	3:40.79
23	Etka Yildirim	Lord Strathc	3:43.61
24	Magnus Schlor	Winston Chur	3:47.29
25	Jon Novak	Centennial	4:28.46

Boys 1200 Meter Run Atom

LESAA: 4:22.72 * 2019 Harper Reid

Name		School	Finals
Finals			
1	Remi Shepherd	Rideau	4:34.23
2	Theodore Scanlan	J.R. Henders	4:36.18
3	Michael Smith	Rideau	4:38.11
4	Parker Glackin	Polson Park	4:41.75
5	Rupert Lussier-Purdy	Rideau	4:46.30
6	Sam Sumbler	Polson Park	4:48.30
7	Edison Valberg	Polson Park	4:49.91

8	Edison Cahill	Winston Chur	4:51.89
9	Kaden Shaw	Centennial	4:54.19
10	Kai Thompson	Central	4:56.95
11	Sam Emm	Central	4:58.00
12	Douglas Casterton	J.R. Henders	4:59.10
13	Jasper Hu	Polson Park	4:59.10
14	William Bagg	J.R. Henders	5:02.05
15	Findley Thomson	Rideau	5:02.86
16	Ethan Tuttle	Lord Strathc	5:02.87
17	Eli Nasir-Zadeh	Winston Chur	5:14.81
18	Yoseph Basconcillo	J.R. Henders	5:17.42
19	Daniel Nasir-Zadeh	Winston Chur	5:18.76
20	Abdallah Al Homs	Lord Strathc	5:20.93
21	Vladimir Cadiz	Lord Strathc	5:41.27
22	Frederick Mallen	Lord Strathc	5:48.52

Boys 4x100 Meter Relay Atom

LESAA: 1:04.25 * 2023-05-29 Winston Churchill

Team		Relay	Finals
Finals			
1	Polson Park		1:05.73
2	Winston Churchill		1:06.28
3	J.R. Henderson		1:08.36
4	Rideau		1:09.16
5	Centennial		1:11.32
6	Central		1:11.38
7	Sydenham		1:16.04
8	Lord Strathcona		1:20.65

Boys High Jump Atom

LESAA: 1.23m * 2004 Zack Fedora

Name		School	Finals
Finals			
1	Ayomi Babalola	Centennial	J1.20m
2	George Watering	Central	J1.20m
3	Remi Shepherd	Rideau	1.15m
4	George Southall	Rideau	J1.05m
5	Max Sothmann	Central	J1.05m
6	Hudson Van Tuyl	Rideau	1.00m
7	Mark Varyvoda	Centennial	J0.95m
7	Lior Vasserman	Centennial	J0.95m
---	Youssef Alnajjar	Centennial	NH
---	Cihan Senuren	Central	NH
---	Dash Larson	Central	NH
---	Elliot Deir	Winston Chur	NH
---	Karsen Masse	Rideau	NH

Boys Long Jump Atom

LESAA: 3.99m * 2012 Nickolas Adair

Name		School	Finals
Finals			
1	Ellis Simpson	J.R. Henders	3.50m
2	Tyden Brash	J.R. Henders	3.45m
3	Elliot Deir	Winston Chur	3.38m
4	Cole Garvin	Polson Park	3.24m
5	Gabe Uzoaba	Sydenham	3.21m

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Results

Finals ... (Boys Long Jump Atom)

	Name	School	Finals
6	Rob King	Winston Chur	3.13m
7	Finn Gall	J.R. Henders	3.07m
8	Hudson Van Tuyl	Rideau	3.05m
9	Zephyr Thompson	Central	3.03m
10	Isaac Beyea	Winston Chur	3.01m
10	Wally King	Winston Chur	3.01m
12	George Watering	Central	2.97m
13	Lachlan Hawes	Central	2.94m
14	Kai Thompson	Central	2.87m
15	Felix Campbell	Polson Park	2.83m
16	Aras Burak	Polson Park	2.79m
17	Karsen Masse	Rideau	2.77m
18	Kaden Shaw	Centennial	2.74m
19	Jack Walsh	J.R. Henders	2.64m
20	Harvey Eastabrook	Rideau	2.53m
21	George Southall	Rideau	2.49m
22	Oliver Cruz	Polson Park	2.35m
23	Mats Hufnagel	Lord Strathc	2.34m
24	Grayson Desjardins	Centennial	2.10m
25	Jamike Mahloane	Sydenham	2.09m
26	Jon Novak	Centennial	2.00m
27	Ahmed Abo Senab	Lord Strathc	1.93m
28	Hamoda Al Jalam	Lord Strathc	1.70m

Boys Triple Jump Atom

	LESAA:	8.40m * 2023-05-29	Hubert Dumont
	Name	School	Finals
Finals			
1	Ellis Simpson	J.R. Henders	8.15m
2	Cole Garvin	Polson Park	8.01m
3	Cooper Adams	Polson Park	7.69m
4	Tyson Gibson	Polson Park	7.29m
5	Rob King	Winston Chur	6.69m
6	Wally King	Winston Chur	6.68m
7	Edison Cahill	Winston Chur	6.19m
8	Aras Burak	Polson Park	6.05m
9	Muhammad Bin Waqas	Winston Chur	5.67m
10	Mats Hufnagel	Lord Strathc	5.57m
11	Caleb Katz	J.R. Henders	5.38m
12	Max Sothmann	Central	5.36m
13	Quentin Black	J.R. Henders	5.27m
14	Christian Hartwick-Joudrey	Rideau	5.07m
15	Kai Ibarra-Miranda	Central	4.59m
16	Clark Gissing	Rideau	4.39m
17	Auden James	Central	4.25m
18	Hezi Lister	Rideau	4.15m
19	Ryan Moulton	J.R. Henders	4.06m
20	Mercury Lawless	Rideau	4.02m
---	Amir Al Salloum	Lord Strathc	ND
---	Hamoda Al Jalam	Lord Strathc	ND
---	Vladimir Cadiz	Lord Strathc	ND

Boys 100 Meter Dash Bantam

	LESAA:	11.90 * 2023-05-29	Zach Griffin
	Name	School	Prelims
Preliminaries			
1	Jensen Campbell	Rideau	14.71Q
2	Noah Rotenberg	Winston Chur	14.72Q
3	Colton Melling	J.R. Henders	14.99Q
4	Nasr Alaouy	Centennial	16.11Q
5	Foster Mclean	Polson Park	15.05q
6	Quinn Simpson	J.R. Henders	15.09q
7	Hunter Atkinson	Rideau	15.35q
8	Ryan Lo	Winston Chur	15.55q
9	Hudson Oosterhof	J.R. Henders	16.03
10	Tyr Mendieta-Sweet	Rideau	16.16
11	Henrik Cook	Winston Chur	16.29
12	Oden Rising	Polson Park	16.41
13	Luca Perosin	Polson Park	16.52
14	Nigel Beyea	Winston Chur	16.67
15	Leo Lawless	J.R. Henders	16.68
16	Neal Yang	Sydenham	16.78
17	One Nkurunziza	Central	16.90
18	Alex Amodeo-Richardson	Rideau	16.94
19	Arlo Thompson	Central	16.96
20	Colton Gibson	Polson Park	16.97
21	Oliver Davies	Lord Strathc	17.10
22	Remy Watson	Lord Strathc	17.50
23	Connor Hartnett	Sydenham	18.17
24	Mohammad Khadija	Lord Strathc	18.31
25	Ahmad Al Rshead	Centennial	18.51
26	Demilade Adeniji	Centennial	18.93
27	Sol Vallier	Sydenham	36.69

Boys 100 Meter Dash Bantam

	LESAA:	11.90 * 2023-05-29	Zach Griffin
	Name	School	Finals
Finals			
1	Jensen Campbell	Rideau	15.29
2	Noah Rotenberg	Winston Chur	15.94
3	Colton Melling	J.R. Henders	16.05
4	Quinn Simpson	J.R. Henders	16.07
5	Hunter Atkinson	Rideau	16.08
6	Foster Mclean	Polson Park	16.20
7	Ryan Lo	Winston Chur	16.44
8	Nasr Alaouy	Centennial	17.12

Boys 200 Meter Dash Bantam

	LESAA:	28.55 * 2004	Kevin Sarceno
	Name	School	Prelims
Preliminaries			
1	Jensen Campbell	Rideau	30.06Q
2	Quinn Simpson	J.R. Henders	32.26Q
3	Theo James	Polson Park	32.31Q
4	Emran Kerlog	Centennial	32.45Q
5	Colton Melling	J.R. Henders	31.22q
6	Noah Rotenberg	Winston Chur	31.68q

LESAA REGION 3 - 2026-06-04

CaraCo
Results

Preliminaries ... (Boys 200 Meter Dash Bantam)

Name	School	Prelims
7 Foster Mclean	Polson Park	31.81q
8 Mason Kennedy	Rideau	33.38q
9 Nasr Alaouy	Centennial	33.52
10 Henrik Cook	Winston Chur	34.19
11 Thomas Collier	Rideau	34.28
12 Dawson Eagles	J.R. Henders	34.47
13 Tyr Mendietta-Sweet	Rideau	34.53
14 Malcolm Mclarty	Polson Park	34.77
15 Freddie Miller	J.R. Henders	34.79
16 Sawyer Rix	Polson Park	34.83
17 Will Huddle	Central	35.48
18 Jackson Lee	Winston Chur	36.48
19 Brennen Wright	Central	37.48
20 Owen Elliott	Sydenham	38.20
21 Oliver Davies	Lord Strathc	38.86
22 Mujtaba Heyderi	Winston Chur	39.07
23 Winston Macdonald	Central	42.10
24 Thorben De Pauw	Centennial	42.27

Boys 200 Meter Dash Bantam

LESAA: 28.55 * 2004 Kevin Sarceno

Name	School	Finals
Finals		
1 Jensen Campbell	Rideau	30.79
2 Theo James	Polson Park	32.31
3 Colton Melling	J.R. Henders	32.39
4 Emran Kerlog	Centennial	32.46
5 Noah Rotenberg	Winston Chur	32.97
6 Quinn Simpson	J.R. Henders	33.34
7 Foster Mclean	Polson Park	33.35
8 Mason Kennedy	Rideau	34.51

Boys 400 Meter Dash Bantam

LESAA: 1:06.60 * 2023-05-29 Logan James

Name	School	Finals
Finals		
1 Theo James	Polson Park	1:08.57
2 Emmitt Dooher	J.R. Henders	1:08.68
3 Mason Kennedy	Rideau	1:11.49
4 Nicolas Hills	Polson Park	1:12.54
5 Foster Mclean	Polson Park	1:14.59
6 Peter Ormiston	Rideau	1:14.81
7 Miles Garrison	J.R. Henders	1:15.84
8 Tyr Mendietta-Sweet	Rideau	1:16.63
9 Leo Bagg	J.R. Henders	1:16.90
10 Dawson Eagles	J.R. Henders	1:17.56
11 Nasr Alaouy	Centennial	1:18.35
12 Mack Bourke	Winston Chur	1:18.95
13 Hunter Atkinson	Rideau	1:19.15
14 Jackson Lee	Winston Chur	1:19.55
15 Paxton Pikaart	Winston Chur	1:21.08
16 Karim Aburaida	Lord Strathc	1:21.09
17 Evander Girard	Centennial	1:21.74
18 Colton Gibson	Polson Park	1:23.26

19 Nolan Welsh	Lord Strathc	1:23.89
20 Ariya Khaefi	Sydenham	1:24.87
21 Connor Hartnett	Sydenham	1:28.91
22 Levon Fry	Central	1:29.43
23 Mujtaba Heyderi	Winston Chur	1:31.35
24 Ethan Macdonald	Centennial	1:31.51
25 Nigel Baron	Sydenham	1:38.26

Boys 800 Meter Run Bantam

LESAA: 2:35.98 * 2025-05-27 Jake Archibald

Name	School	Finals
Finals		
1 Emmitt Dooher	J.R. Henders	2:36.70
2 Nicolas Hills	Polson Park	2:46.61
3 Mason Kennedy	Rideau	2:46.90
4 Leo Bagg	J.R. Henders	2:48.59
5 Miles Garrison	J.R. Henders	2:51.64
6 Kale Svensson	Rideau	2:56.88
7 Douglas Lussier-Purdy	Rideau	2:58.22
8 Peter Ormiston	Rideau	2:59.61
9 Finn Robinson	Winston Chur	3:00.95
10 Mohammad Khadija	Lord Strathc	3:06.00
11 Will Huddle	Central	3:09.52
12 Paxton Pikaart	Winston Chur	3:11.38
13 Colton Gibson	Polson Park	3:15.16
14 Karim Aburaida	Lord Strathc	3:16.56
15 James Minnes	Polson Park	3:18.76
16 Ariya Khaefi	Sydenham	3:18.84
17 Evander Girard	Centennial	3:21.09
18 Levon Fry	Central	3:22.93
19 Oliver Eade	Central	3:22.94
20 Carson Glackin	Polson Park	3:24.81
21 Will Brower	Winston Chur	3:42.29

Boys 1200 Meter Run Bantam

LESAA: 4:09.38 * 2022-06-02 Kohen Morrison

Name	School	Finals
Finals		
1 Emmitt Dooher	J.R. Henders	4:02.60*
2 Nicolas Hills	Polson Park	4:14.84
3 Leo Bagg	J.R. Henders	4:16.23
4 Kale Svensson	Rideau	4:25.60
5 Miles Garrison	J.R. Henders	4:26.13
6 Peter Ormiston	Rideau	4:27.72
7 Tama Thompson	Central	4:40.93
8 Karim Aburaida	Lord Strathc	4:42.33
9 Finn Robinson	Winston Chur	4:43.62
10 Owen Dewolfe	J.R. Henders	4:47.02
11 Mohammad Khadija	Lord Strathc	4:50.97
12 Benjamin Nowitski	Rideau	5:01.20
13 Ariya Khaefi	Sydenham	5:07.10
14 Liam McGregor	Central	5:10.90
15 James Minnes	Polson Park	5:16.38
16 Nolan Welsh	Lord Strathc	5:25.48
17 Carson Glackin	Polson Park	5:25.79
18 Will Brower	Winston Chur	5:30.45

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CaraCo
Results

Finals ... (Boys 1200 Meter Run Bantam)			
Name	School	Finals	
19 Grayson Giacomello	Winston Chur	5:45.60	
--- Sawyer Rix	Polson Park	DNF	

Boys 4x100 Meter Relay Bantam			
LESAA: 59.99 * 2023-05-29 Winston Churchill			
Team	Relay	Finals	
Finals			
1 Rideau		1:00.71	
2 Winston Churchill		1:01.17	
3 J.R. Henderson		1:01.24	
4 Polson Park		1:04.29	
5 Central		1:06.16	
6 Centennial		1:06.78	
7 Sydenham		1:09.29	
8 Lord Strathcona		1:10.78	

Boys High Jump Bantam			
LESAA: 1.47m * 2023-05-29 Levi Paterson			
Name	School	Finals	
Finals			
1 Jackson Lee	Winston Chur	J1.30m	
2 Ryan Lo	Winston Chur	J1.30m	
3 Nhlanie Johnson-Clow	Sydenham	1.25m	
4 Nigel Beyea	Winston Chur	J1.20m	
4 Emran Kerlog	Centennial	J1.20m	
6 Evander Girard	Centennial	J1.15m	
7 Ethan Macdonald	Centennial	J1.15m	
8 Tama Thompson	Central	J1.10m	
9 Jack White	Winston Chur	J1.10m	
10 Thorben De Pauw	Centennial	1.05m	

Boys Long Jump Bantam			
LESAA: 4.67m * 2012 Jake Adair			
Name	School	Finals	
Finals			
1 Ryan Lo	Winston Chur	3.86m	
2 Colton Melling	J.R. Henders	J3.80m	
3 David Dempster	J.R. Henders	J3.80m	
4 Noah Rotenberg	Winston Chur	3.66m	
5 Dehker Macdonald	J.R. Henders	3.48m	
6 Mack Bourke	Winston Chur	3.47m	
7 Emran Kerlog	Centennial	3.38m	
8 Ben Unsworth	J.R. Henders	3.30m	
9 Sawyer Rix	Polson Park	J3.16m	
10 Nhlanie Johnson-Clow	Sydenham	J3.16m	
11 Arlo Thompson	Central	3.10m	
12 Hunter Atkinson	Rideau	3.09m	
13 Remy Watson	Lord Strathc	3.05m	
14 Oscar Bird	Polson Park	2.96m	
15 Kale Svensson	Rideau	2.94m	
16 Oden Rising	Polson Park	2.92m	
17 Thorben De Pauw	Centennial	2.89m	
17 Graham Carter	Polson Park	2.89m	
17 Noah Reed	Rideau	2.89m	

20 Ahmad Al Rshead	Centennial	2.84m
21 Everett Griffin	Rideau	2.72m
22 One Nkurunziza	Central	2.58m
22 Brennen Wright	Central	2.58m
24 Neal Yang	Sydenham	2.46m
25 Henrik Cook	Winston Chur	2.45m
25 Ethan Macdonald	Centennial	2.45m
27 Owen Elliott	Sydenham	2.24m
28 Ridan Mahamud	Sydenham	1.97m
--- Austin Bonvie	Central	ND

Boys Triple Jump Bantam			
LESAA: 9.34m * 2018 Max Sotiraidis			
Name	School	Finals	
Finals			
1 Theo James	Polson Park	8.82m	
2 Jensen Campbell	Rideau	8.60m	
3 Quinn Simpson	J.R. Henders	8.59m	
4 David Dempster	J.R. Henders	8.44m	
5 Everett Griffin	Rideau	8.42m	
6 James Mills	Polson Park	8.28m	
7 Dawson Eagles	J.R. Henders	8.10m	
8 Tama Thompson	Central	7.93m	
9 Malcolm McLarty	Polson Park	7.52m	
10 Aashan Singh-Wilson	Polson Park	7.40m	
11 Thomas Collier	Rideau	6.91m	
12 Remy Watson	Lord Strathc	6.66m	
13 Will Brower	Winston Chur	6.63m	
14 Mujtaba Heyderi	Winston Chur	6.59m	
15 Arlo Thompson	Central	6.54m	
16 One Nkurunziza	Central	6.13m	
17 Demilade Adeniji	Centennial	6.06m	
18 Brian Elliot	Centennial	6.03m	
19 Oliver Davies	Lord Strathc	5.81m	
20 Dominik Gall	J.R. Henders	5.79m	
21 Jack Carnegie	Rideau	5.65m	
22 Nolan Welsh	Lord Strathc	5.24m	
--- Ameer Rifai	Winston Chur	ND	
--- Ahmad Al Rshead	Centennial	ND	
--- Elliot Miller-Blaik	Central	ND	

Boys 100 Meter Dash Senior			
LESAA: 10.60 * 2023-05-29 Noah Heliopoulos			
Name	School	Prelims	
Preliminaries			
1 Mason Venditti	Vanier	13.33Q	
2 Ethan Mckee	Calvin Park	13.47Q	
3 Darrien Walcott	J.R. Henders	14.05Q	
4 Emmanuel Eshun	J.R. Henders	13.57Q	
5 Avaneesh Anu Rajesh	Calvin Park	14.06Q	
6 Ali Kattan	Calvin Park	14.16Q	
7 Angus Compeau	Vanier	13.90q	
8 Yaman Alhorns	Calvin Park	14.06q	
9 Ewan Kennedy	Calvin Park	14.07	
10 Cameron Bale	Vanier	14.17	
11 Ahmed Abdullah	Calvin Park	14.53	

LESAA REGION 3 - 2026-06-04

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Results

Preliminaries ... (Boys 100 Meter Dash Senior)

Name	School	Prelims
12 Rhett Wilcock	Vanier	14.55
13 Keoni Larson	Calvin Park	14.63
14 Callum Steele	Vanier	14.67
15 Caden Jackson	J.R. Henders	14.79
16 Oscar Padmos	Vanier	14.96
17 Adam Al Ardah	Central	15.24
18 Dragon Kao	Central	15.28
19 Dudu Wang	Sydenham	15.52
20 Liam Mellon	J.R. Henders	15.63
21 Sebastian Marrelli	Central	16.41
22 Emmett Grant	Central	18.64
--- Mensur Mohamednor Osman	Sydenham	DQ

Boys 100 Meter Dash Senior

LESAA: 10.60 * 2023-05-29 Noah Heliopoulos

Name	School	Finals
Finals		
1 Mason Venditti	Vanier	13.70
2 Ethan Mckee	Calvin Park	13.74
3 Angus Compeau	Vanier	13.94
4 Ali Kattan	Calvin Park	14.07
5 Avaneesh Anu Rajesh	Calvin Park	14.29
6 Emmanuel Eshun	J.R. Henders	14.43
7 Darrien Walcott	J.R. Henders	14.69
8 Yaman Alhorns	Calvin Park	14.87

Boys 200 Meter Dash Senior

LESAA: 25.46 * 2024-05-17 Warren Cook

Name	School	Prelims
Preliminaries		
1 Mason Venditti	Vanier	27.29Q
2 Emmanuel Eshun	J.R. Henders	27.97Q
3 Ewan Kennedy	Calvin Park	28.84Q
4 Cameron Bale	Vanier	28.58Q
5 Ethan Mckee	Calvin Park	28.82Q
6 Darrien Walcott	J.R. Henders	29.61Q
7 Oliver Neil	Vanier	28.68q
8 Yaman Alhorns	Calvin Park	29.10q
9 James Lin	Calvin Park	29.41
10 Rhett Wilcock	Vanier	30.19
11 Avaneesh Anu Rajesh	Calvin Park	30.32
12 Callum Steele	Vanier	30.61
13 Will Ryding	Calvin Park	30.68
14 Ali Alsalloum	Calvin Park	32.91
15 Liam Mellon	J.R. Henders	33.51
16 Thomas Walker	Vanier	35.15
17 Hippolyte Papa Techera	Sydenham	37.27
18 Vikrant Kapil	J.R. Henders	38.16

Boys 200 Meter Dash Senior

LESAA: 25.46 * 2024-05-17 Warren Cook

Name	School	Finals
Finals		
1 Mason Venditti	Vanier	27.48

2 Emmanuel Eshun	J.R. Henders	28.67
3 Ethan Mckee	Calvin Park	28.97
4 Oliver Neil	Vanier	29.25
5 Ewan Kennedy	Calvin Park	29.30
6 Cameron Bale	Vanier	29.44
7 Darrien Walcott	J.R. Henders	29.99
8 Yaman Alhorns	Calvin Park	30.23

Boys 400 Meter Dash Senior

LESAA: 57.58 * 2022-06-02 Ethan Fields

Name	School	Finals
Finals		
1 Mason Venditti	Vanier	59.97
2 Jake Archibald	Vanier	1:02.21
3 Oscar Thompson	Calvin Park	1:02.33
4 Cameron Bale	Vanier	1:03.83
5 Desmond Kerr	Vanier	1:05.05
6 Yaman Alhorns	Calvin Park	1:06.33
7 James Lin	Calvin Park	1:07.25
8 Ahmed Elatrash	Vanier	1:08.78
9 Aryan Pednekar	Calvin Park	1:09.95
10 Greyson Mccaul	Calvin Park	1:11.87
11 Dudu Wang	Sydenham	1:11.91
12 Omar Alnaijar	Calvin Park	1:12.32
13 Ali Alsalloum	Calvin Park	1:19.18

Boys 800 Meter Run Senior

LESAA: 2:17.80 * 2004 Josh George

Name	School	Finals
Finals		
1 Ethan Logan	Vanier	2:23.43
2 Jake Archibald	Vanier	2:23.46
3 Eamon Lorimer	Vanier	2:37.28
4 Heath Fielding	Vanier	2:37.54
5 Max Gallupe	Vanier	2:39.55
6 Adem Yuksel	Calvin Park	2:42.82
7 Bennett Epstein	Vanier	2:43.36
8 Will Ryding	Calvin Park	2:47.49
9 Omar Alnaijar	Calvin Park	2:50.31
10 Christopher Fowler	Calvin Park	2:51.41
11 Ben Murray	Calvin Park	2:53.19
12 Greyson Mccaul	Calvin Park	2:56.48
13 Alex Tuyishma	Calvin Park	2:58.94
14 Brian Mott	Calvin Park	2:59.72
15 Nate Dowker	J.R. Henders	3:15.05

Boys 1200 Meter Run Senior

LESAA: 3:50.30 * 2019 Jordan Huddleston

Name	School	Finals
Finals		
1 Ethan Logan	Vanier	3:50.15*
2 Oscar Thompson	Calvin Park	3:51.51
3 Desmond Kerr	Vanier	3:55.41
4 Jake Archibald	Vanier	4:04.17
5 Heath Fielding	Vanier	4:14.83
6 Max Gallupe	Vanier	4:30.74

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CaraCo
Results

Finals ... (Boys 1200 Meter Run Senior)			
Name		School	Finals
7	Britton Hull	Calvin Park	4:34.31
8	Greyson Mccaul	Calvin Park	4:38.61
9	Alex Tuyishma	Calvin Park	4:40.01
10	Omar Alnajjar	Calvin Park	4:41.79
11	Christopher Fowler	Calvin Park	4:43.00
12	Walid Marandi	Calvin Park	4:47.30
13	Brian Mott	Calvin Park	4:50.28

Boys 2000 Meter Run Senior			
LESAA: 6:37.60 * 2019		Jordan Huddleston	
Name		School	Finals
Finals			
1	Ethan Logan	Vanier	6:37.17*
2	Oscar Thompson	Calvin Park	6:52.70
3	Max Gallupe	Vanier	7:08.44
4	Heath Fielding	Vanier	7:14.20
5	Heath Birkin	Vanier	7:28.32
6	Britton Hull	Calvin Park	7:28.32
7	Logan Lamont	Vanier	8:11.17
8	Christopher Fowler	Calvin Park	8:15.86
9	Walid Marandi	Calvin Park	8:20.26
10	Hayden Pritchett	Vanier	8:31.64
11	Majd Alalwah	Calvin Park	8:36.13
12	Miles Cahill	Calvin Park	8:36.48
13	Moshin Bachir	Calvin Park	8:38.07

Boys 4x100 Meter Relay Senior			
LESAA: 50.47 * 2010		Comets	
Team		Relay	Finals
Finals			
1	Vanier		53.39
2	Calvin Park		55.67
3	J.R. Henderson		57.49
4	Central		1:04.22

Boys High Jump Senior			
LESAA: 1.67m * 2023-05-29		Liam Heiden	
Name		School	Finals
Finals			
1	Ruben Collins	Vanier	1.45m
2	Desmond Kerr	Vanier	J1.35m
3	Eli Sothman	Vanier	J1.35m
4	Ahmed Elatrash	Vanier	1.30m
5	Melek Kayigi	Vanier	1.25m
6	Evan Rivett	Vanier	1.20m

Boys Long Jump Senior			
LESAA: 5.24m * 2022		Ben Joannette	
Name		School	Finals
Finals			
1	Conor Brougham	Vanier	4.85m
2	Keoni Larson	Calvin Park	4.40m
3	Jack Delva	Calvin Park	4.39m
4	Angus Compeau	Vanier	4.27m

5	Theon Heliopoulos	Calvin Park	J4.12m
6	Brekin Wickett-Woods	Central	J4.12m
7	Judah Splinter	Calvin Park	4.09m
8	Arham Khan	Calvin Park	4.02m
9	Oscar Padmos	Vanier	3.83m
10	Britton Hull	Calvin Park	3.77m
11	Oliver Graham	Vanier	3.72m
12	Darrien Walcott	J.R. Henders	3.64m
13	Zeyad Hamdan	Calvin Park	3.63m
14	Liam Mellon	J.R. Henders	3.51m
15	Ahmed Elatrash	Vanier	3.44m
16	Declan Bowie	Vanier	3.40m
17	Grant Kelly	Sydenham	3.09m
18	Hippolyte Papa Techera	Sydenham	2.90m
19	Emmett Grant	Central	2.80m
20	Vikrant Kapil	J.R. Henders	2.78m
21	Dragon Kao	Central	2.64m
---	Will Ryding	Calvin Park	ND
---	Charlie Pettingill	J.R. Henders	ND

Boys Triple Jump Senior			
LESAA: 11.37m * 2023-05-29		Luqmaan Brewster	
Name		School	Finals
Finals			
1	Emmanuel Eshun	J.R. Henders	10.24m
2	Conor Brougham	Vanier	9.93m
3	Theon Heliopoulos	Calvin Park	9.69m
4	Oscar Padmos	Vanier	9.52m
5	Jack Delva	Calvin Park	9.21m
6	Larry Lu	Vanier	8.98m
7	Carter Anderson	Vanier	8.92m
8	Zeyad Hamdan	Calvin Park	8.90m
9	Judah Splinter	Calvin Park	8.70m
10	Oliver Graham	Vanier	8.68m
11	Ramy Zaguia	Calvin Park	8.24m
12	Evan Lo	Calvin Park	7.88m
13	Ben Murray	Calvin Park	7.70m
14	Max Stutzman-Schmidt	Vanier	7.37m
15	Nate Dowker	J.R. Henders	7.19m
16	Bradley Levy	Calvin Park	7.16m
17	Quentin Dee	J.R. Henders	5.59m

Boys Shot Put Senior			
LESAA: 12.80m * 2005		Johpiel Sarkodie	
Name		School	Finals
Finals			
1	Conor Brougham	Vanier	10.68m
2	Jack Delva	Calvin Park	10.16m
3	Brekin Wickett-Woods	Central	9.42m
4	Zeyad Hamdan	Calvin Park	9.23m
5	Charlie Mcvety	Central	8.95m
6	Denon Tadeu	Calvin Park	8.31m
7	Thomas Walker	Vanier	8.09m
8	Ali Kattan	Calvin Park	7.94m
9	Florian Bickle	Calvin Park	7.88m
10	Gus Bastos	Central	7.68m

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CaraCo
Results

Finals ... (Boys Shot Put Senior)

	Name	School	Finals
11	Grant Kelly	Sydenham	7.50m
12	Joshua Bornmeo	Calvin Park	7.43m
13	Finnegan Kane	Sydenham	6.91m
14	Lucas Ellis	Calvin Park	6.80m
15	Deacon Fairley	Central	6.73m
16	Carter Anderson	Vanier	5.95m