



Welcome to the Queen's Athletics & Recreation Centre (ARC)

Customer Service Desk: 613-533-2500
 Q-Facilities Coordinator: 613-453-0804

Directions to the Athletics and Recreation Centre (ARC)

Main address: **284 Earl Street, between Division Street and University Avenue.**

From the West: Exit Highway 401 at Sir John A. MacDonald Boulevard (Exit 615). Turn right and drive south for approximately 4.5 km to Johnson. Turn left on to Johnson Street, and follow Johnson for approximately two kilometres and then turn right on University Ave and then left on Earl.

From the East: Exit Highway 401 at Division Street (Exit 617). Turn left to go south on Division, and follow it south past Princess. Turn right on to Earl Street. The ARC is located at 284 Earl Street.

Gym Locations

ARC SOUTH: located in Mitchell hall
 (see map beside)

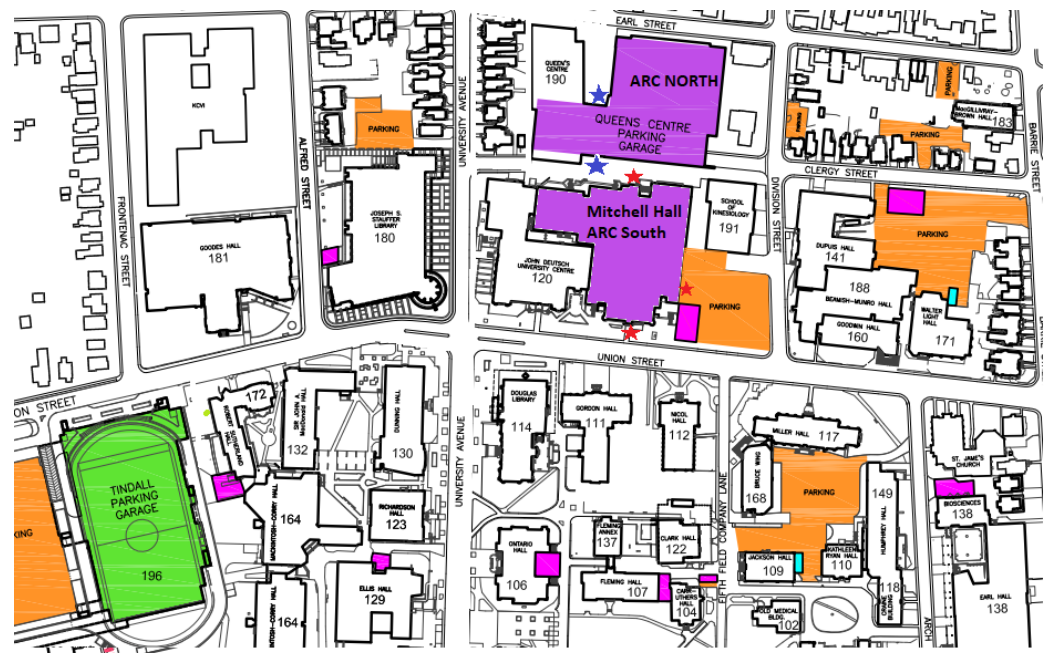
Three entry points into Mitchell hall see the Red Stars on the map.

Once inside Mitchell hall look for the **RED Staircase** go up to level 2.

Gym 3 – Bartlett located on level 2

Gym 4 Ross located on level 2

There are elevators located next to the red staircase that go to level 2



- Queens Centre Garage permits only
- Union Street Garage permits only
- Surface Parking—Main Campus Permits ONLY
Monitored Monday - Friday
8:00-4:00pm Daily
- Motorcycle Parking
- Service Parking Only
- P Stuart Street Garage Short Term Parking

Parking

Street Parking & Queen's parking lots are free on the weekends. See map beside r you can use the below link

<http://www.queensu.ca/campusmap/main>



Hospitality Options

Mitchell Hall (ARC SOUTH)

Starbucks	Monday - Thursday	7:30 AM-7:00 PM
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Queen's Centre (ARC NORTH)

Tim Hortons	Monday - Thursday	7:30 AM-11:00 PM
Booster Juice	Monday - Thursday	8:30 AM-8:00 PM
Pita Pit	Monday - Thursday	11:00 AM-8:00 PM
Grocery Checkout	Monday - Thursday	11:00 AM-8:00 PM
DrugSmart Pharmacy	Monday - Thursday	11:00 AM-8:00 PM

There is an ATM located in the Queen's Centre beside the Grocery Checkout

Queen's does not permit the following

- No potlucks (personal lunches only)
- Teams are not able to setup tables
- Teams can use the tables by the Tim Hortons, Pita Pit & Booster Juice area. The cafeteria areas are the only approved spaces for food
- No food in the Gym
- No appliances can be brought into building or used in any spaces
- Only rented spaces should be used, no overflow into other gyms or spaces

Queen's Offers Guest wifi, please use responsibly!

Thank you for coming to Queen's!