

Track & Field Meeting

October 23, 2018

@ Sinclair PS

Attendance: Shelley Desarmia, Darrell Scott, Stew Ross, Pat Coderre, Dennis Logan, Brant Stachel, Martha Runte, Krista Nitschke, Steve Down, Erik Vreeken, Seth Barling, Jill Wilson, Bonnie L'Abbe, Catherine Byers, Melissa Buchan, Steph Leeder, Tiffany Robinson, Amanda Kyer, Diane Pennell, Amy Carrier

1. **3000 m and 1500 m-** Shelley and Brant discussed issues with running the 3000m and then the 1500m on same day. For long term athlete development, safety and inclusiveness, research shows that shorter races are more appropriate for this age group. This would also lead to more competitive racing and less lapping with a shorter race. The hope is that students are more likely to continue on in distance running with this model. The proposal to replace the 3000m race with a 2000m and the 1500m with a 1200m race was voted upon and accepted for this year. Note: only Grade 7-8 aged students will take part in the 2000 m based on long term athlete development (LTAD).
2. **Canteen-** We may not be able to run a canteen which has been tendered out to another organization. We are in consultation with the city to try to retain the canteen. If we are unable to run a canteen, we will need to consider raising fees to help cover the honorarium for the assistants at the meet.
3. **High Jump-** High jump has taken a long time to complete at LESAA meets. Stew suggested having a runner available to determine the final results. To help it run more smoothly, it was proposed that we run two high jump pits in the finals.
4. **Adjournment** 5 pm